

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 1 Thursday evening

Day of Meet: 1 Starts at 03:00 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13-14 800 Freestyle	15	2u	03:00 PM	_____
Finals	2 Boys 13-14 800 Freestyle	13	2u	03:22 PM	_____
Finals	3 Women 800 Freestyle	12	2u	03:44 PM	_____
Finals	4 Men 800 Freestyle	17	3u	04:05 PM	_____
Finals	5 Girls 11-12 800 Freestyle	12	2u	04:35 PM	_____
Finals	6 Boys 11-12 800 Freestyle	11	2u	04:59 PM	_____
Finals	7 Girls 13-14 800 Freestyle Relay	6	1u	05:22 PM	_____
Finals	8 Boys 13-14 800 Freestyle Relay	5	1u	05:33 PM	_____
Finals	9 Women 800 Freestyle Relay	8	1u	05:43 PM	_____
Finals	10 Men 800 Freestyle Relay	12	2u	05:53 PM	_____
Finals	11 Girls 9-10 400 Freestyle	16	2u	06:11 PM	_____
Finals	12 Boys 9-10 400 Freestyle	13	2u	06:24 PM	_____
Finals	13 Girls 11-12 400 IM	13	2u	06:37 PM	_____
Finals	14 Boys 11-12 400 IM	8	1u	06:50 PM	_____
	Swimmer Count for Warm-ups: 180	=====	=====		
	Entry / Heat Totals:	161	25		
	Finish Time			06:56 PM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49**Session Report**

Session: 2 Friday morning

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	45 Girls 13-14 400 Freestyle	13	2u	08:30 AM	_____
Prelims	46 Boys 13-14 400 Freestyle	6	1u	08:41 AM	_____
Prelims	47 Women 400 Freestyle	16	2u	08:46 AM	_____
Prelims	48 Men 400 Freestyle	20	3u	08:56 AM	_____
Prelims	49 Girls 13-14 100 Breaststroke	21	3u	09:11 AM	_____
Prelims	50 Boys 13-14 100 Breaststroke	14	2u	09:16 AM	_____
Prelims	51 Women 100 Breaststroke	20	3u	09:19 AM	_____
Prelims	52 Men 100 Breaststroke	24	3u	09:24 AM	_____
Prelims	53 Girls 13-14 100 Butterfly	12	2u	09:28 AM	_____
Prelims	54 Boys 13-14 100 Butterfly	7	1u	09:31 AM	_____
Prelims	55 Women 100 Butterfly	21	3u	09:33 AM	_____
Prelims	56 Men 100 Butterfly	31	4u	09:37 AM	_____
Prelims	57 Girls 13-14 200 Backstroke	32	4u	09:42 AM	_____
Prelims	58 Boys 13-14 200 Backstroke	14	2u	09:56 AM	_____
Prelims	59 Women 200 Backstroke	26	4u	10:02 AM	_____
Prelims	60 Men 200 Backstroke	29	4u	10:15 AM	_____
Prelims	61 Girls 13-14 50 Freestyle	37	5u	10:26 AM	_____
Prelims	62 Boys 13-14 50 Freestyle	20	3u	10:30 AM	_____
Prelims	63 Women 50 Freestyle	47	6u	10:32 AM	_____
Prelims	64 Men 50 Freestyle	69	9u	10:37 AM	_____
	Swimmer Count for Warm-ups: 257	=====	=====		
	Entry / Heat Totals:	479	66		
	Finish Time			10:43 AM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 3 Friday afternoon

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Girls 11-12 200 Medley Relay	14	2u	12:30 PM	_____
Finals	16 Boys 11-12 200 Medley Relay	9	2u	12:37 PM	_____
Finals	17 Girls 10 & Under 200 Medley Relay	19	3u	12:43 PM	_____
Finals	18 Boys 10 & Under 200 Medley Relay	10	2u	12:55 PM	_____
Finals	19 Girls 8 & Under 200 Medley Relay	5	1u	01:02 PM	_____
Finals	20 Boys 8 & Under 200 Medley Relay	3	1u	01:06 PM	_____
Finals	21 Girls 11-12 200 Backstroke	33	5u	01:11 PM	_____
Finals	22 Boys 11-12 200 Backstroke	19	3u	01:30 PM	_____
Finals	23 Girls 9-10 100 Backstroke	50	7u	01:40 PM	_____
Finals	24 Boys 9-10 100 Backstroke	18	3u	01:57 PM	_____
	Break: 10 Minutes				
Finals	25 Girls 11-12 100 Freestyle	34	5u	02:14 PM	_____
Finals	26 Boys 11-12 100 Freestyle	24	3u	02:21 PM	_____
Finals	27 Girls 9-10 100 Freestyle	43	6u	02:26 PM	_____
Finals	28 Boys 9-10 100 Freestyle	22	3u	02:37 PM	_____
Finals	29 Girls 8 & Under 100 Freestyle	29	4u	02:42 PM	_____
Finals	30 Boys 8 & Under 100 Freestyle	12	2u	02:50 PM	_____
	Break: 10 Minutes				
Finals	31 Girls 11-12 100 Butterfly	15	2u	03:04 PM	_____
Finals	32 Boys 11-12 100 Butterfly	9	2u	03:08 PM	_____
Finals	33 Girls 9-10 50 Butterfly	32	4u	03:11 PM	_____
Finals	34 Boys 9-10 50 Butterfly	17	3u	03:15 PM	_____
Finals	35 Girls 8 & Under 50 Butterfly	18	3u	03:19 PM	_____
Finals	36 Boys 8 & Under 50 Butterfly	7	1u	03:22 PM	_____
Finals	37 Girls 11-12 50 Breaststroke	14	2u	03:24 PM	_____
Finals	38 Boys 11-12 50 Breaststroke	12	2u	03:26 PM	_____
	Break: 10 Minutes				
Finals	39 Girls 11-12 400 Freestyle Relay	14	2u	03:38 PM	_____
Finals	40 Boys 11-12 400 Freestyle Relay	9	2u	03:49 PM	_____
	Swimmer Count for Warm-ups: 271	=====	=====		
	Entry / Heat Totals:	491	75		
	Finish Time			03:59 PM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 4 Friday evening

Day of Meet: 2 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	41 Girls 13-14 200 Freestyle Relay	10	2u	05:30 PM	_____
Finals	42 Boys 13-14 200 Freestyle Relay	5	1u	05:35 PM	_____
Finals	43 Women 200 Freestyle Relay	14	2u	05:38 PM	_____
Finals	44 Men 200 Freestyle Relay	21	3u	05:42 PM	_____
Finals	45 Girls 13-14 400 Freestyle	13	2u	05:49 PM	_____
Finals	46 Boys 13-14 400 Freestyle	6	2u	05:59 PM	_____
Finals	47 Women 400 Freestyle	16	2u	06:10 PM	_____
Finals	48 Men 400 Freestyle	16	2u	06:20 PM	_____
	Break: 10 Minutes				
Finals	49 Girls 13-14 100 Breaststroke	16	2u	06:40 PM	_____
Finals	50 Boys 13-14 100 Breaststroke	14	2u	06:43 PM	_____
Finals	51 Women 100 Breaststroke	16	2u	06:47 PM	_____
Finals	52 Men 100 Breaststroke	16	2u	06:50 PM	_____
	Break: 10 Minutes				
Finals	53 Girls 13-14 100 Butterfly	12	2u	07:03 PM	_____
Finals	54 Boys 13-14 100 Butterfly	7	2u	07:06 PM	_____
Finals	55 Women 100 Butterfly	16	2u	07:09 PM	_____
Finals	56 Men 100 Butterfly	16	2u	07:12 PM	_____
	Break: 10 Minutes				
Finals	57 Girls 13-14 200 Backstroke	16	2u	07:25 PM	_____
Finals	58 Boys 13-14 200 Backstroke	14	2u	07:32 PM	_____
Finals	59 Women 200 Backstroke	16	2u	07:38 PM	_____
Finals	60 Men 200 Backstroke	16	2u	07:45 PM	_____
	Break: 10 Minutes				
Finals	61 Girls 13-14 50 Freestyle	16	2u	08:01 PM	_____
Finals	62 Boys 13-14 50 Freestyle	16	2u	08:03 PM	_____
Finals	63 Women 50 Freestyle	16	2u	08:04 PM	_____
Finals	64 Men 50 Freestyle	16	2u	08:06 PM	_____
	Swimmer Count for Warm-ups: 237	=====	=====		
	Entry / Heat Totals:	340	48		
	Finish Time			08:08 PM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 5 Saturday morning

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	97 Girls 13-14 100 Backstroke	27	4u	08:30 AM	_____
Prelims	98 Boys 13-14 100 Backstroke	10	2u	08:38 AM	_____
Prelims	99 Women 100 Backstroke	23	3u	08:41 AM	_____
Prelims	100 Men 100 Backstroke	34	5u	08:46 AM	_____
Prelims	101 Girls 13-14 200 Breaststroke	25	4u	08:54 AM	_____
Prelims	102 Boys 13-14 200 Breaststroke	15	2u	09:08 AM	_____
Prelims	103 Women 200 Breaststroke	22	3u	09:15 AM	_____
Prelims	104 Men 200 Breaststroke	23	3u	09:24 AM	_____
Prelims	105 Girls 13-14 200 Freestyle	20	3u	09:33 AM	_____
Prelims	106 Boys 13-14 200 Freestyle	10	2u	09:41 AM	_____
Prelims	107 Women 200 Freestyle	35	5u	09:46 AM	_____
Prelims	108 Men 200 Freestyle	50	7u	09:59 AM	_____
Prelims	109 Girls 13-14 400 IM	16	2u	10:16 AM	_____
Prelims	110 Boys 13-14 400 IM	10	2u	10:28 AM	_____
Prelims	111 Women 400 IM	16	2u	10:40 AM	_____
Prelims	112 Men 400 IM	19	3u	10:52 AM	_____
	Swimmer Count for Warm-ups: 220	=====	=====		
	Entry / Heat Totals:	355	52		
	Finish Time			11:09 AM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 6 Saturday afternoon

Day of Meet: 3 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	65 Girls 11-12 200 Freestyle Relay	16	2u	12:30 PM	_____
Finals	66 Boys 11-12 200 Freestyle Relay	9	2u	12:36 PM	_____
Finals	67 Girls 10 & Under 200 Freestyle Relay	19	3u	12:41 PM	_____
Finals	68 Boys 10 & Under 200 Freestyle Relay	10	2u	12:50 PM	_____
Finals	69 Girls 8 & Under 200 Freestyle Relay	6	1u	12:56 PM	_____
Finals	70 Boys 8 & Under 200 Freestyle Relay	4	1u	12:59 PM	_____
Finals	71 Girls 11-12 200 Butterfly	6	1u	01:03 PM	_____
Finals	72 Boys 11-12 200 Butterfly	3	1u	01:07 PM	_____
Finals	73 Girls 9-10 100 Butterfly	19	3u	01:10 PM	_____
Finals	74 Boys 9-10 100 Butterfly	12	2u	01:16 PM	_____
	Break: 10 Minutes				
Finals	75 Girls 11-12 100 Breaststroke	17	3u	01:30 PM	_____
Finals	76 Boys 11-12 100 Breaststroke	13	2u	01:36 PM	_____
Finals	77 Girls 9-10 50 Breaststroke	34	5u	01:39 PM	_____
Finals	78 Boys 9-10 50 Breaststroke	14	2u	01:45 PM	_____
Finals	79 Girls 8 & Under 50 Breaststroke	29	4u	01:48 PM	_____
Finals	80 Boys 8 & Under 50 Breaststroke	10	2u	01:53 PM	_____
	Break: 10 Minutes				
Finals	81 Girls 11-12 50 Freestyle	35	5u	02:06 PM	_____
Finals	82 Boys 11-12 50 Freestyle	24	3u	02:10 PM	_____
Finals	83 Girls 9-10 50 Freestyle	41	6u	02:13 PM	_____
Finals	84 Boys 9-10 50 Freestyle	19	3u	02:19 PM	_____
Finals	85 Girls 8 & Under 50 Freestyle	37	5u	02:21 PM	_____
Finals	86 Boys 8 & Under 50 Freestyle	17	3u	02:27 PM	_____
	Break: 10 Minutes				
Finals	87 Girls 11-12 200 IM	32	4u	02:40 PM	_____
Finals	88 Boys 11-12 200 IM	19	3u	02:54 PM	_____
Finals	89 Girls 9-10 200 IM	35	5u	03:03 PM	_____
Finals	90 Boys 9-10 200 IM	14	2u	03:22 PM	_____
	Break: 10 Minutes				
Finals	91 Girls 11-12 50 Backstroke	28	4u	03:40 PM	_____
Finals	92 Boys 11-12 50 Backstroke	17	3u	03:45 PM	_____
Finals	93 Girls 8 & Under 50 Backstroke	42	6u	03:49 PM	_____
Finals	94 Boys 8 & Under 50 Backstroke	21	3u	03:59 PM	_____
	Break: 10 Minutes				
Finals	95 Girls 11-12 400 Freestyle	17	3u	04:14 PM	_____
Finals	96 Boys 11-12 400 Freestyle	12	2u	04:31 PM	_____
	Swimmer Count for Warm-ups: 298	=====	=====		
	Entry / Heat Totals:	631	96		
	Finish Time			04:42 PM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 7 Saturday evening

Day of Meet: 3 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	97 Girls 13-14 100 Backstroke	16	2u	05:30 PM	_____
Finals	98 Boys 13-14 100 Backstroke	10	2u	05:34 PM	_____
Finals	99 Women 100 Backstroke	16	2u	05:38 PM	_____
Finals	100 Men 100 Backstroke	16	2u	05:42 PM	_____
	Break: 10 Minutes				
Finals	101 Girls 13-14 200 Breaststroke	16	2u	05:55 PM	_____
Finals	102 Boys 13-14 200 Breaststroke	15	2u	06:02 PM	_____
Finals	103 Women 200 Breaststroke	16	2u	06:09 PM	_____
Finals	104 Men 200 Breaststroke	16	2u	06:15 PM	_____
	Break: 10 Minutes				
Finals	105 Girls 13-14 200 Freestyle	16	2u	06:31 PM	_____
Finals	106 Boys 13-14 200 Freestyle	10	2u	06:37 PM	_____
Finals	107 Women 200 Freestyle	16	2u	06:42 PM	_____
Finals	108 Men 200 Freestyle	16	2u	06:47 PM	_____
	Break: 10 Minutes				
Finals	109 Girls 13-14 400 IM	16	2u	07:02 PM	_____
Finals	110 Boys 13-14 400 IM	10	2u	07:15 PM	_____
Finals	111 Women 400 IM	16	2u	07:27 PM	_____
Finals	112 Men 400 IM	16	2u	07:39 PM	_____
	Break: 10 Minutes				
Finals	113 Girls 13-14 400 Medley Relay	10	2u	08:00 PM	_____
Finals	114 Boys 13-14 400 Medley Relay	5	1u	08:12 PM	_____
Finals	115 Women 400 Medley Relay	12	2u	08:18 PM	_____
Finals	116 Men 400 Medley Relay	20	3u	08:29 PM	_____
	Swimmer Count for Warm-ups: 209	=====	=====		
	Entry / Heat Totals:	284	40		
	Finish Time			08:44 PM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49**Session Report**

Session: 8 Sunday morning

Day of Meet: 4 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	143 Girls 13-14 200 IM	18	3u	08:30 AM	_____
Prelims	144 Boys 13-14 200 IM	10	2u	08:39 AM	_____
Prelims	145 Women 200 IM	30	4u	08:45 AM	_____
Prelims	146 Men 200 IM	38	5u	08:57 AM	_____
Prelims	147 Girls 13-14 100 Freestyle	34	5u	09:10 AM	_____
Prelims	148 Boys 13-14 100 Freestyle	13	2u	09:17 AM	_____
Prelims	149 Women 100 Freestyle	46	6u	09:20 AM	_____
Prelims	150 Men 100 Freestyle	67	9u	09:28 AM	_____
Prelims	151 Girls 13-14 200 Butterfly	4	1u	09:39 AM	_____
Prelims	152 Boys 13-14 200 Butterfly	7	1u	09:42 AM	_____
Prelims	153 Women 200 Butterfly	8	1u	09:45 AM	_____
Prelims	154 Men 200 Butterfly	12	2u	09:48 AM	_____
	Break: 10 Minutes				
Finals	117 Girls 13-14 200 Medley Relay	9	2u	10:03 AM	_____
Finals	118 Boys 13-14 200 Medley Relay	4	1u	10:09 AM	_____
Finals	119 Women 200 Medley Relay	13	2u	10:12 AM	_____
Finals	120 Men 200 Medley Relay	19	3u	10:17 AM	_____
	Break: 15 Minutes				
Finals-S	139 Girls 13-14 1500 Freestyle	5	1u	10:40 AM	_____
Finals-S	140 Boys 13-14 1500 Freestyle	1	1u	11:01 AM	_____
Finals-S	141 Women 1500 Freestyle	0	0	11:21 AM	_____
Finals-S	142 Men 1500 Freestyle	10	2u	11:21 AM	_____
	Swimmer Count for Warm-ups: 223	=====	=====		
	Entry / Heat Totals:	348	53		
	Finish Time			11:58 AM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 9 Sunday afternoon

Day of Meet: 4 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	121 Girls 11-12 200 Freestyle	29	4u	12:30 PM	_____
Finals	122 Boys 11-12 200 Freestyle	18	3u	12:42 PM	_____
Finals	123 Girls 9-10 200 Freestyle	32	4u	12:51 PM	_____
Finals	124 Boys 9-10 200 Freestyle	15	2u	01:05 PM	_____
	Break: 10 Minutes				
Finals	125 Girls 11-12 200 Breaststroke	29	4u	01:21 PM	_____
Finals	126 Boys 11-12 200 Breaststroke	8	1u	01:36 PM	_____
Finals	127 Girls 9-10 100 Breaststroke	41	6u	01:40 PM	_____
Finals	128 Boys 9-10 100 Breaststroke	14	2u	01:53 PM	_____
	Break: 10 Minutes				
Finals	129 Girls 11-12 100 Backstroke	34	5u	02:07 PM	_____
Finals	130 Boys 11-12 100 Backstroke	21	3u	02:18 PM	_____
Finals	131 Girls 9-10 50 Backstroke	50	7u	02:24 PM	_____
Finals	132 Boys 9-10 50 Backstroke	23	3u	02:34 PM	_____
Finals	133 Girls 11-12 50 Butterfly	20	3u	02:38 PM	_____
Finals	134 Boys 11-12 50 Butterfly	19	3u	02:41 PM	_____
	Break: 15 Minutes				
Finals	135 Girls 11-12 400 Medley Relay	13	2u	02:59 PM	_____
Finals	136 Boys 11-12 400 Medley Relay	8	1u	03:12 PM	_____
	Break: 15 Minutes				
Finals	137 Girls 11-12 1500 Freestyle	6	1u	03:33 PM	_____
Finals	138 Boys 11-12 1500 Freestyle	10	2u	03:54 PM	_____
	Swimmer Count for Warm-ups: 179	=====	=====		
	Entry / Heat Totals:	390	56		
	Finish Time			04:38 PM	_____

2010 Iowa Swimming Summer State Championships, Sanction #: IA-10-49
Session Report

Session: 10 Sunday evening

Day of Meet: 4 Starts at 05:30 PM Heat Interval: 20 Seconds / Back +20 Seconds

Round	Event	Entries	Heats	Starts at	
Finals-1	139 Girls 13-14 1500 Freestyle	8	1u	05:30 PM	_____
Finals-1	140 Boys 13-14 1500 Freestyle	8	1u	05:51 PM	_____
Finals-1	141 Women 1500 Freestyle	8	1u	06:11 PM	_____
Finals-1	142 Men 1500 Freestyle	8	1u	06:32 PM	_____
	Break: 10 Minutes				
Finals	143 Girls 13-14 200 IM	16	2u	07:01 PM	_____
Finals	144 Boys 13-14 200 IM	10	2u	07:07 PM	_____
Finals	145 Women 200 IM	16	2u	07:12 PM	_____
Finals	146 Men 200 IM	16	2u	07:18 PM	_____
	Break: 10 Minutes				
Finals	147 Girls 13-14 100 Freestyle	16	2u	07:34 PM	_____
Finals	148 Boys 13-14 100 Freestyle	13	2u	07:36 PM	_____
Finals	149 Women 100 Freestyle	16	2u	07:39 PM	_____
Finals	150 Men 100 Freestyle	16	2u	07:42 PM	_____
	Break: 10 Minutes				
Finals	151 Girls 13-14 200 Butterfly	4	2u	07:54 PM	_____
Finals	152 Boys 13-14 200 Butterfly	7	2u	08:01 PM	_____
Finals	153 Women 200 Butterfly	8	2u	08:07 PM	_____
Finals	154 Men 200 Butterfly	12	2u	08:13 PM	_____
	Break: 10 Minutes				
Finals	155 Girls 13-14 400 Freestyle Relay	10	2u	08:28 PM	_____
Finals	156 Boys 13-14 400 Freestyle Relay	4	1u	08:38 PM	_____
Finals	157 Women 400 Freestyle Relay	13	2u	08:43 PM	_____
Finals	158 Men 400 Freestyle Relay	19	3u	08:53 PM	_____
	Swimmer Count for Warm-ups: 204	=====	=====		
	Entry / Heat Totals:	228	36		
	Finish Time			09:06 PM	_____