

Cedar Rapids Aquatics Association

Individual Meet Results

2010 USW Swimming Speedo Championships 10-Mar-10 to 13-Mar-10 Yards

Location: University of Minnesota

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

Time	F/P/S	Event	Place	Points	Improv
Katharine Anton (16) W					
57.88Y	AAAA	P # 3 Women Senior 100 Back	7	---	1.83
		28.33 43.39 57.88 (28.33) (15.06) (14.49)			
58.20Y	AAAA	F # 3 Women Senior 100 Back	7	12	2.15
		14.05 28.53 43.47 58.20 (14.05) (14.48) (14.94) (14.73)			
59.20Y	AAA	P # 9 Women Senior 100 Fly	15	---	1.27
		27.71 43.27 59.20 (27.71) (15.56) (15.93)			
59.46Y	AAA	F # 9 Women Senior 100 Fly	16	1	1.53
		12.71 27.72 43.48 59.46 (12.71) (15.01) (15.76) (15.98)			
24.72Y	AAA	P # 17 Women Senior 50 Free	23	---	0.37
		24.72 (24.72)			
24.93Y	AAA	F # 17 Women Senior 50 Free	22	---	0.58
		12.14 24.93 (12.14) (12.79)			
2:01.08Y	AAAA	P # 27 Women Senior 200 Back	2	---	2.04
		28.78 59.17 1:30.11 2:01.08 (28.78) (30.39) (30.94) (30.97)			
Morgan Barnes (16) M					
9:53.29Y	AAA	F # 2 Men Senior 1000 Free	6	13	-5.06
		25.99 54.53 1:23.69 1:53.07 2:22.24 2:51.77 3:21.48 3:51.19 (25.99) (28.54) (29.16) (29.38) (29.17) (29.53) (29.71) (29.71)			
		4:21.13 4:51.04 5:21.10 5:50.96 6:21.14 6:51.26 7:21.63 7:52.01 (29.94) (29.91) (30.06) (29.86) (30.18) (30.12) (30.37) (30.38)			
		8:22.51 8:52.78 9:23.12 9:53.29 (30.50) (30.27) (30.34) (30.17)			
1:48.51Y	AAA	P # 8 Men Senior 200 Free	41	---	3.16
		24.84 51.57 1:19.90 1:48.51 (24.84) (26.73) (28.33) (28.61)			
1:48.43Y	AAA	F # 14 800 Free Relay Lead Off	---	---	3.08
		25.18 52.74 1:20.62 (25.18) (27.56) (27.88)			
4:42.33Y	AAAA	F # 22 Men Senior 500 Free	10	7	-3.23
		25.43 54.07 1:22.92 1:51.69 2:20.45 2:49.30 3:18.09 3:46.98 (25.43) (28.64) (28.85) (28.77) (28.76) (28.85) (28.79) (28.89)			
		4:15.54 4:42.33 (28.56) (26.79)			
4:46.96Y	AAA	P # 22 Men Senior 500 Free	16	---	1.40
		25.89 54.16 1:23.38 1:52.70 2:21.96 2:51.24 3:20.69 3:49.88 (25.89) (28.27) (29.22) (29.32) (29.26) (29.28) (29.45) (29.19)			
		4:19.10 4:46.96 (29.22) (27.86)			

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16:32.94Y	AAA F # 26	Men Senior 1650 Free	8	11	-8.87
	26.50	55.76 1:25.13 1:54.65 2:24.42 2:54.01 3:23.83 3:53.82			
	(26.50)	(29.26) (29.37) (29.52) (29.77) (29.59) (29.82) (29.99)			
	4:24.02	4:53.96 5:23.86 5:53.94 6:24.14 6:54.23 7:24.22 7:54.47			
	(30.20)	(29.94) (29.90) (30.08) (30.20) (30.09) (29.99) (30.25)			
	8:24.58	8:54.54 9:24.85 9:55.23 10:25.29 10:55.91 11:26.00 11:56.73			
	(30.11)	(29.96) (30.31) (30.38) (30.06) (30.62) (30.09) (30.73)			
	12:27.42	12:58.37 13:29.22 14:00.01 14:30.93 15:01.85 15:32.37 16:03.14			
	(30.69)	(30.95) (30.85) (30.79) (30.92) (30.92) (30.52) (30.77)			
	16:32.94				
	(29.80)				
Ian Ford (16) M					
54.70Y	AAA P # 4	Men Senior 100 Back	20	---	0.47
	26.48	40.57 54.70			
	(26.48)	(14.09) (14.13)			
55.91Y	AAA F # 4	Men Senior 100 Back	24	---	1.68
	13.48	27.23 41.58 55.91			
	(13.48)	(13.75) (14.35) (14.33)			
1:03.45Y	AA P # 6	Men Senior 100 Breast	34	---	0.93
	15.05	30.10 46.67 1:03.45			
	(15.05)	(15.05) (16.57) (16.78)			
2:03.23Y	AAA P # 12	Men Senior 200 IM	34	---	5.03
	27.33	57.21 1:33.83 2:03.23			
	(27.33)	(29.88) (36.62) (29.40)			
2:19.27Y	AA P # 20	Men Senior 200 Breast	31	---	5.91
	30.03	1:04.41 1:41.29 2:19.27			
	(30.03)	(34.38) (36.88) (37.98)			
54.87Y	AAA F # 24	400 Medley Relay Lead Off	---	---	0.64
	13.24	26.57 40.84			
	(13.24)	(13.33) (14.27)			
1:58.12Y	AAA F # 28	Men Senior 200 Back	15	2	0.17
	27.26	56.47 1:27.25 1:58.12			
	(27.26)	(29.21) (30.78) (30.87)			
1:59.17Y	AAA P # 28	Men Senior 200 Back	15	---	1.22
	28.04	57.79 1:28.59 1:59.17			
	(28.04)	(29.75) (30.80) (30.58)			
51.31Y	AA F # 34	400 Free Relay Lead Off	---	---	-0.55
	11.55	24.03 37.45			
	(11.55)	(12.48) (13.42)			
Joseph Gallet (18) M					
1:00.40Y	AAA P # 6	Men Senior 100 Breast	14	---	1.35
	28.07	43.84 1:00.40			
	(28.07)	(15.77) (16.56)			
1:00.49Y	AAA F # 6	Men Senior 100 Breast	13	4	1.44
	12.75	28.10 43.76 1:00.49			
	(12.75)	(15.35) (15.66) (16.73)			
23.20Y	AA P # 18	Men Senior 50 Free	77	---	0.68

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2:19.14Y AA	P # 20	Men Senior 200 Breast	30	---	---
	30.48	1:05.52 1:42.55 2:19.14			
	(30.48)	(35.04) (37.03) (36.59)			
Stephen Gray (18) M					
1:50.45Y AA	P # 8	Men Senior 200 Free	59	---	2.54
	25.45	53.62 1:21.93 1:50.45			
	(25.45)	(28.17) (28.31) (28.52)			
22.88Y AA	P # 18	Men Senior 50 Free	63	---	-0.09
50.27Y AA	P # 30	Men Senior 100 Free	74	---	0.82
	24.06	50.27			
	(24.06)	(26.21)			
Clayton Hoyt (16) M					
57.04Y AA	P # 10	Men Senior 100 Fly	54	---	0.27
	26.35	41.50 57.04			
	(26.35)	(15.15) (15.54)			
22.76Y AAA	P # 18	Men Senior 50 Free	51	---	0.31
50.57Y AAA	P # 30	Men Senior 100 Free	77	---	0.60
	23.92	50.57			
	(23.92)	(26.65)			
Jacquelyn Hughes (14) W					
10:58.01Y AAA	F # 1	Women Senior 1000 Free	15	2	15.80
	29.66	1:01.66 1:34.66 2:07.91 2:40.96 3:14.27 3:47.49 4:20.88			
	(29.66)	(32.00) (33.00) (33.25) (33.05) (33.31) (33.22) (33.39)			
	4:54.14	5:27.28 6:00.54 6:33.87 7:07.16 7:40.81 8:14.22 8:47.38			
	(33.26)	(33.14) (33.26) (33.33) (33.29) (33.65) (33.41) (33.16)			
	9:20.74	9:53.67 10:26.51 10:58.01			
	(33.36)	(32.93) (32.84) (31.50)			
1:09.88Y AAA	P # 5	Women Senior 100 Breast	37	---	0.67
	16.03	33.17 51.98 1:09.88			
	(16.03)	(17.14) (18.81) (17.90)			
4:42.57Y AAA	P # 15	Women Senior 400 IM	20	---	-1.85
	30.41	1:06.77 1:44.97 2:21.12 3:00.40 3:39.18 4:11.85 4:42.57			
	(30.41)	(36.36) (38.20) (36.15) (39.28) (38.78) (32.67) (30.72)			
4:42.82Y AAA	F # 15	Women Senior 400 IM	21	---	-1.60
	30.53	1:07.55 1:45.97 2:22.27 3:00.89 3:41.34 4:12.73 4:42.82			
	(30.53)	(37.02) (38.42) (36.30) (38.62) (40.45) (31.39) (30.09)			
2:30.24Y AAA	F # 19	Women Senior 200 Breast	22	---	3.27
	34.04	1:12.54 1:51.50 2:30.24			
	(34.04)	(38.50) (38.96) (38.74)			
2:30.36Y AAA	P # 19	Women Senior 200 Breast	27	---	3.39
	34.37	1:13.06 1:52.02 2:30.36			
	(34.37)	(38.69) (38.96) (38.34)			

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Time	F/P/S	Event	Place	Points	Improv
17:58.60Y	AAA F # 25	Women Senior 1650 Free	11	6	-8.38
	13.80	29.37 45.37 1:01.55 1:17.84 1:34.19 2:06.61 2:39.51			
	(13.80)	(15.57) (16.00) (16.18) (16.29) (16.35) (32.42) (32.90)			
	3:12.72	3:45.66 4:18.33 4:51.29 5:24.11 5:56.93 6:30.22 7:03.55			
	(33.21)	(32.94) (32.67) (32.96) (32.82) (32.82) (33.29) (33.33)			
	7:36.57	8:09.23 8:42.18 9:15.67 9:48.52 10:21.46 10:54.29 11:27.93			
	(33.02)	(32.66) (32.95) (33.49) (32.85) (32.94) (32.83) (33.64)			
	12:00.52	12:33.78 13:06.59 13:40.05 14:12.75 14:45.51 15:18.29 15:50.81			
	(32.59)	(33.26) (32.81) (33.46) (32.70) (32.76) (32.78) (32.52)			
	16:23.58				
	(32.77)				
Joshua Hughes (15) M					
9:53.64Y	AAA F # 2	Men Senior 1000 Free	7	12	-8.04
	26.46	55.52 1:25.03 1:54.46 2:23.97 2:54.06 3:24.16 3:54.36			
	(26.46)	(29.06) (29.51) (29.43) (29.51) (30.09) (30.10) (30.20)			
	4:24.41	4:54.71 5:24.88 5:55.06 6:25.51 6:55.76			
	(30.05)	(30.30) (30.17) (30.18) (30.45) (30.25) (415.76) (0.00)			
		8:56.41 9:53.64			
	(0.00)	(8:56.41) (536.41) (9:53.64)			
4:53.91Y	AAA P # 22	Men Senior 500 Free	31	---	3.88
	26.47	55.80 1:25.56 1:55.07 2:25.09 2:55.13 3:25.29 3:55.23			
	(26.47)	(29.33) (29.76) (29.51) (30.02) (30.04) (30.16) (29.94)			
	4:25.19	4:53.91			
	(29.96)	(28.72)			
16:55.25Y	AAA F # 26	Men Senior 1650 Free	14	3	5.69
	27.57	57.28 1:27.91 1:58.21 2:28.47 2:58.88 3:29.54 4:00.34			
	(27.57)	(29.71) (30.63) (30.30) (30.26) (30.41) (30.66) (30.80)			
	4:31.10	5:02.22 5:34.09 6:05.09 6:36.03 7:06.69 7:38.10 8:09.03			
	(30.76)	(31.12) (31.87) (31.00) (30.94) (30.66) (31.41) (30.93)			
	8:40.22	9:11.73 9:42.75 10:14.24 10:44.97 11:16.09 11:47.31 12:18.33			
	(31.19)	(31.51) (31.02) (31.49) (30.73) (31.12) (31.22) (31.02)			
	12:49.34	13:20.44 13:52.75 14:23.52 14:54.56 15:25.31 15:56.21 16:26.75			
	(31.01)	(31.10) (32.31) (30.77) (31.04) (30.75) (30.90) (30.54)			
	16:55.25				
	(28.50)				
Samantha Puk (17) W					
1:00.02Y	AAA P # 3	Women Senior 100 Back	22	---	0.40
	28.83	44.53 1:00.02			
	(28.83)	(15.70) (15.49)			
1:00.30Y	AAA F # 3	Women Senior 100 Back	23	---	0.68
	28.99	44.53 1:00.30			
	(28.99)	(15.54) (15.77)			
1:01.35Y	AA P # 9	Women Senior 100 Fly	51	---	1.47
	28.53	44.86 1:01.35			
	(28.53)	(16.33) (16.49)			
25.35Y	AAA P # 17	Women Senior 50 Free	58	---	0.48

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2:09.73Y	AAA P # 27	Women Senior 200 Back	19	---	-0.67
	29.90	1:02.87 1:36.38 2:09.73			
	(29.90)	(32.97) (33.51) (33.35)			
2:09.74Y	AAA F # 27	Women Senior 200 Back	15	2	-0.66
	29.70	1:02.70 1:36.35 2:09.74			
	(29.70)	(33.00) (33.65) (33.39)			
Abbey Wharton (17) W					
1:10.10Y	AA P # 5	Women Senior 100 Breast	41	---	2.70
	32.88	51.17 1:10.10			
	(32.88)	(18.29) (18.93)			
2:22.23Y	A P # 11	Women Senior 200 IM	63	---	3.64
	31.07	1:07.76 1:47.34 2:22.23			
	(31.07)	(36.69) (39.58) (34.89)			
2:39.67Y	A P # 19	Women Senior 200 Breast	57	---	4.46
	35.40	1:15.40 1:56.65 2:39.67			
	(35.40)	(40.00) (41.25) (43.02)			
Banning Young (18) M					
22.30Y	AAA P # 18	Men Senior 50 Free	33	---	0.20
48.44Y	AAA P # 30	Men Senior 100 Free	23	---	-0.38
	10.98	23.22 35.87 48.44			
	(10.98)	(12.24) (12.65) (12.57)			