

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|-------------------------------|--------------|-----------------------------|--------------|---------------|---------------|
| Alanna Adkins (9) W | | | | | |
| 3:46.28L BB | F # 3 | Women 10 & Under 200 IM | 9 | 9 | --- |
| | 53.76 | 1:49.75 2:57.92 3:46.28 | | | |
| | (53.76) | (55.99) (1:08.17) (48.36) | | | |
| 49.76L B | F # 7 | Women 9-10 50 Fly | 15 | 2 | -4.31 |
| 48.44L BB | F # 14 | Women 10 & Under 50 Back | 12 | 5 | -2.25 |
| 1:30.26L BB | F # 25 | Women 10 & Under 100 Free | 6 | 13 | -5.14 |
| | 43.78 | 1:30.26 | | | |
| | (43.78) | (46.48) | | | |
| Scott Allison (16) M | | | | | |
| 1:01.64L A | F # 31 | Men Senior 100 Free | 26 | --- | --- |
| | 28.39 | 1:01.64 | | | |
| | (28.39) | (33.25) | | | |
| 1:14.41L B | F # 65 | Men Senior 100 Fly | 21 | --- | --- |
| | 32.95 | 1:14.41 | | | |
| | (32.95) | (41.46) | | | |
| 28.04L A | F # 68 | Men Senior 50 Free | 19 | --- | --- |
| Christian Anton (12) M | | | | | |
| 36.83L BB | F # 6 | Men 11-12 50 Fly | 8 | 11 | -2.63 |
| 38.94L BB | F # 13 | Men 11-12 50 Back | 9 | 9 | -1.44 |
| 1:19.17L B | F # 24 | Men 11-12 100 Free | 18 | --- | 0.98 |
| | 36.28 | 1:19.17 | | | |
| | (36.28) | (42.89) | | | |
| 1:25.31L BB | F # 38 | Men 11-12 100 Fly | 6 | 13 | -6.30 |
| | 38.20 | 1:25.31 | | | |
| | (38.20) | (47.11) | | | |
| 34.07L BB | F # 42 | Men 11-12 50 Free | 16 | 1 | -2.67 |
| 1:24.84L BB | F # 48 | Men 11-12 100 Back | 11 | 6 | -4.28 |
| | 41.08 | 1:24.84 | | | |
| | (41.08) | (43.76) | | | |
| 2:51.03L A | F # 53 | Mixed 12 & Under 200 Back | 5 | 14 | -12.28 |
| | 40.33 | 1:24.92 2:10.34 2:51.03 | | | |
| | (40.33) | (44.59) (45.42) (40.69) | | | |
| Logan Barnes (15) M | | | | | |
| NS | F # 29 | Men Senior 200 IM | --- | --- | --- |
| | (0.00) | (0.00) (0.00) (0.00) | | | |
| 1:04.21L BB | F # 31 | Men Senior 100 Free | 37 | --- | 3.49 |
| | 30.44 | 1:04.21 | | | |
| | (30.44) | (33.77) | | | |
| 1:16.57L B | F # 34 | Men Senior 100 Back | 31 | --- | 7.33 |
| | 37.59 | 1:16.57 | | | |
| | (37.59) | (38.98) | | | |
| NS | F # 36 | Mixed Senior 400 Free | --- | --- | --- |
| | (0.00) | (0.00) (0.00) (0.00) (0.00) | | | |
| | | (0.00) (0.00) (0.00) (0.00) | | | |
| NS | F # 63 | Men Senior 200 Free | --- | --- | --- |
| | (0.00) | (0.00) (0.00) (0.00) | | | |

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| Time | F/P/S | Event | Place | Points | Improv |
|--------------------------------|---------|---|-------|--------|--------|
| 1:19.58L | F # 65 | Men Senior 100 Fly | 28 | --- | 12.34 |
| | 35.00 | 1:19.58 | | | |
| | (35.00) | (44.58) | | | |
| NS | F # 66 | Mixed Senior 200 Back | --- | --- | --- |
| | (0.00) | (0.00) (0.00) (0.00) | | | |
| 28.98L BB | F # 68 | Men Senior 50 Free | 26 | --- | 1.48 |
| Morgan Barnes (16) M | | | | | |
| 2:26.00L AA | F # 29 | Men Senior 200 IM | 12 | 5 | -2.90 |
| | 31.27 | 1:07.89 1:54.51 2:26.00 | | | |
| | (31.27) | (36.62) (46.62) (31.49) | | | |
| 58.66L AA | F # 31 | Men Senior 100 Free | 12 | 5 | 1.34 |
| | 28.30 | 58.66 | | | |
| | (28.30) | (30.36) | | | |
| 1:11.20L BB | F # 34 | Men Senior 100 Back | 14 | 3 | 2.90 |
| | 34.47 | 1:11.20 | | | |
| | (34.47) | (36.73) | | | |
| 4:27.58L AA | F # 36 | Mixed Senior 400 Free | 3 | 16 | 5.54 |
| | 30.21 | 1:03.34 1:37.60 2:11.49 2:46.24 3:20.33 3:54.99 4:27.58 | | | |
| | (30.21) | (33.13) (34.26) (33.89) (34.75) (34.09) (34.66) (32.59) | | | |
| 2:06.92L AA | F # 63 | Men Senior 200 Free | 3 | 16 | 5.32 |
| | 29.25 | 1:01.62 1:35.15 2:06.92 | | | |
| | (29.25) | (32.37) (33.53) (31.77) | | | |
| 2:30.02L A | F # 66 | Mixed Senior 200 Back | 12 | 5 | 9.43 |
| | 35.56 | 1:13.33 1:52.30 2:30.02 | | | |
| | (35.56) | (37.77) (38.97) (37.72) | | | |
| 27.69L A | F # 68 | Men Senior 50 Free | 16 | 1 | 0.96 |
| 5:15.56L A | F # 71 | Mixed Senior 400 IM | 7 | 12 | 58.15 |
| | 33.32 | 1:13.20 1:52.96 2:31.46 3:18.89 4:07.09 4:41.55 5:15.56 | | | |
| | (33.32) | (39.88) (39.76) (38.50) (47.43) (48.20) (34.46) (34.01) | | | |
| Paige Broghammer (12) W | | | | | |
| 3:00.52L BB | F # 1 | Women 11-12 200 IM | 8 | 11 | -10.84 |
| | 41.18 | 1:27.11 2:19.58 3:00.52 | | | |
| | (41.18) | (45.93) (52.47) (40.94) | | | |
| 37.09L AA | F # 12 | Women 11-12 50 Back | 4 | 15 | 0.30 |
| 42.70L BB | F # 16 | Women 11-12 50 Breast | 4 | 15 | 1.03 |
| 3:20.37L A | F # 22 | Mixed 12 & Under 200 Breast | 7 | 12 | -12.09 |
| | 45.17 | 1:36.37 2:30.67 3:20.37 | | | |
| | (45.17) | (51.20) (54.30) (49.70) | | | |
| 31.86L AA | F # 41 | Women 11-12 50 Free | 6 | 13 | -0.59 |
| 1:20.89L A | F # 47 | Women 11-12 100 Back | 3 | 16 | -4.41 |
| | 40.30 | 1:20.89 | | | |
| | (40.30) | (40.59) | | | |
| 1:30.50L A | F # 54 | Women 11-12 100 Breast | 2 | 17 | -1.87 |
| | 42.63 | 1:30.50 | | | |
| | (42.63) | (47.87) | | | |

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Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|-------------------------------|----------------------------|---|-------|--------|--------|
| NS | F # 58 (0.00) | Women 11-12 200 Free (0.00) (0.00) (0.00) (0.00) | --- | --- | --- |
| Rachel Brown (14) W | | | | | |
| 3:14.81L B | F # 28 42.31 (42.31) | Women Senior 200 IM 1:32.47 2:30.13 3:14.81 (50.16) (57.66) (44.68) | 47 | --- | --- |
| 1:27.34L B | F # 33 42.53 (42.53) | Women Senior 100 Back 1:27.34 (44.81) | 41 | --- | 1.66 |
| 34.30L BB | F # 67 | Women Senior 50 Free | 56 | --- | 0.29 |
| 1:41.50L B | F # 69 47.98 (47.98) | Women Senior 100 Breast 1:41.50 (53.52) | 32 | --- | 3.74 |
| Gloria Campbell (15) W | | | | | |
| 1:08.15L A | F # 30 32.36 (32.36) | Women Senior 100 Free 1:08.15 (35.79) | 20 | --- | -2.45 |
| 1:24.76L B | F # 33 42.12 (42.12) | Women Senior 100 Back 1:24.76 (42.64) | 34 | --- | 0.07 |
| 5:21.75L BB | F # 36 37.18 (37.18) | Mixed Senior 400 Free 1:17.95 1:59.13 2:39.91 3:21.82 4:02.76 4:44.40 5:21.75 (40.77) (41.18) (40.78) (41.91) (40.94) (41.64) (37.35) | 49 | --- | -6.87 |
| NS | F # 62 (0.00) | Women Senior 200 Free (0.00) (0.00) (0.00) (0.00) | --- | --- | --- |
| NS | F # 66 (0.00) | Mixed Senior 200 Back (0.00) (0.00) (0.00) (0.00) | --- | --- | --- |
| NS | F # 67 | Women Senior 50 Free | --- | --- | --- |
| Morgan Chambers (10) W | | | | | |
| 3:43.13L BB | F # 3 48.90 (48.90) | Women 10 & Under 200 IM 1:47.29 2:53.02 3:43.13 (58.39) (1:05.73) (50.11) | 7 | 12 | --- |
| 50.50L B | F # 7 | Women 9-10 50 Fly | 17 | --- | -3.54 |
| 46.27L BB | F # 14 | Women 10 & Under 50 Back | 7 | 12 | -8.75 |
| 6:52.62L B | F # 27 43.11 (43.11) | Mixed 12 & Under 400 Free 2:26.56 3:18.92 4:14.60 5:08.49 6:03.33 6:52.62 (43.11) (2:26.56) (52.36) (55.68) (53.89) (54.84) (49.29) | 35 | --- | -30.66 |
| 1:56.21L B | F # 39 49.99 (49.99) | Women 10 & Under 100 Fly 1:56.21 (1:06.22) | 7 | 12 | --- |
| 39.97L BB | F # 43 | Women 9-10 50 Free | 16 | 1 | 3.57 |
| 1:40.52L BB | F # 49 47.71 (47.71) | Women 9-10 100 Back 1:40.52 (52.81) | 10 | 7 | -18.32 |

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| Time | F/P/S | Event | Place | Points | Improv |
|------------------------------|--------------|-----------------------------|--------------|---------------|---------------|
| 3:15.95L BB | F # 60 | Women 10 & Under 200 Free | 10 | 7 | -9.52 |
| | 42.04 | 1:33.45 2:26.28 3:15.95 | | | |
| | (42.04) | (51.41) (52.83) (49.67) | | | |
| Kelsey Drake (12) W | | | | | |
| 32.35L AAA | F # 5 | Women 11-12 50 Fly | 1 | 20 | -3.86 |
| 36.93L AA | F # 12 | Women 11-12 50 Back | 2 | 17 | -6.38 |
| 40.09L AA | F # 16 | Women 11-12 50 Breast | 1 | 20 | -1.69 |
| 1:08.93L AA | F # 23 | Women 11-12 100 Free | 3 | 16 | -11.04 |
| | 32.48 | 1:08.93 | | | |
| | (32.48) | (36.45) | | | |
| 1:12.66L AAA | F # 37 | Women 11-12 100 Fly | 1 | 20 | -19.39 |
| | 33.66 | 1:12.66 | | | |
| | (33.66) | (39.00) | | | |
| 30.62L AAA | F # 41 | Women 11-12 50 Free | 1 | 20 | -2.06 |
| 1:23.04L A | F # 47 | Women 11-12 100 Back | 8 | 11 | -15.98 |
| | 39.90 | 1:23.04 | | | |
| | (39.90) | (43.14) | | | |
| 1:31.20L A | F # 54 | Women 11-12 100 Breast | 3 | 16 | -1.92 |
| | 43.47 | 1:31.20 | | | |
| | (43.47) | (47.73) | | | |
| Amanda Fethers (10) W | | | | | |
| 1:18.79L | F # 7 | Women 9-10 50 Fly | 38 | --- | --- |
| 1:01.06L | F # 14 | Women 10 & Under 50 Back | 56 | --- | --- |
| 1:27.76L | F # 18 | Women 9-10 50 Breast | 53 | --- | --- |
| 2:10.40L | F # 25 | Women 10 & Under 100 Free | 60 | --- | --- |
| | 59.89 | 2:10.40 | | | |
| | (59.89) | (1:10.51) | | | |
| 54.78L | F # 43 | Women 9-10 50 Free | 56 | --- | --- |
| 2:17.67L | F # 49 | Women 9-10 100 Back | 52 | --- | --- |
| | 1:08.64 | 2:17.67 | | | |
| | (1:08.64) | (1:09.03) | | | |
| 4:39.38L | F # 60 | Women 10 & Under 200 Free | 37 | --- | --- |
| | 58.77 | 3:31.01 4:39.38 | | | |
| | (58.77) | (58.77) (3:31.01) (1:08.37) | | | |
| Eric Ford (12) M | | | | | |
| 3:22.18L DQ | F # 2 | Men 11-12 200 IM | --- | --- | --- |
| | 49.08 | 1:38.53 2:37.46 3:22.18 | | | |
| | (49.08) | (49.45) (58.93) (44.72) | | | |
| 49.01L B | F # 17 | Men 11-12 50 Breast | 13 | 4 | -2.34 |
| 3:40.95L B | F # 22 | Mixed 12 & Under 200 Breast | 14 | 3 | -2.33 |
| | 50.07 | 1:46.74 2:43.28 3:40.95 | | | |
| | (50.07) | (56.67) (56.54) (57.67) | | | |
| 1:20.02L B | F # 24 | Men 11-12 100 Free | 20 | --- | -3.39 |
| | 39.11 | 1:20.02 | | | |
| | (39.11) | (40.91) | | | |
| 36.70L B | F # 42 | Men 11-12 50 Free | 28 | --- | -2.35 |

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| Time | F/P/S | Event | Place | Points | Improv |
|-----------------------------|--------------|-------------------------------|--------------|---------------|---------------|
| 1:32.16L B | F # 48 | Men 11-12 100 Back | 18 | --- | -5.99 |
| | 45.29 | 1:32.16 | | | |
| | (45.29) | (46.87) | | | |
| 1:49.56L | F # 55 | Men 11-12 100 Breast | 15 | 2 | 1.00 |
| | 52.46 | 1:49.56 | | | |
| | (52.46) | (57.10) | | | |
| 2:58.44L B | F # 59 | Men 11-12 200 Free | 23 | --- | -3.32 |
| | 38.95 | 1:24.72 2:11.60 2:58.44 | | | |
| | (38.95) | (45.77) (46.88) (46.84) | | | |
| Ethan Ford (10) M | | | | | |
| 53.09L | F # 8 | Men 9-10 50 Fly | 14 | 3 | -1.46 |
| 54.20L B | F # 15 | Men 10 & Under 50 Back | 24 | --- | -0.16 |
| 56.74L B | F # 19 | Men 9-10 50 Breast | 11 | 6 | -3.85 |
| 1:53.28L | F # 26 | Men 10 & Under 100 Free | 31 | --- | 7.47 |
| | 50.81 | 1:53.28 | | | |
| | (50.81) | (1:02.47) | | | |
| 44.26L B | F # 44 | Men 9-10 50 Free | 25 | --- | -5.73 |
| 1:53.06L B | F # 50 | Men 9-10 100 Back | 19 | --- | -0.68 |
| | 56.47 | 1:53.06 | | | |
| | (56.47) | (56.59) | | | |
| 2:07.94L B | F # 57 | Men 10 & Under 100 Breast | 15 | 2 | -0.46 |
| | 1:00.20 | 2:07.94 | | | |
| | (1:00.20) | (1:07.74) | | | |
| 4:09.59L | F # 61 | Men 10 & Under 200 Free | 20 | --- | 16.13 |
| | 56.70 | 2:04.57 3:08.36 4:09.59 | | | |
| | (56.70) | (1:07.87) (1:03.79) (1:01.23) | | | |
| Madison Gannon (7) W | | | | | |
| 1:05.76L | F # 9 | Women 8 & Under 50 Fly | 9 | 9 | --- |
| 1:01.21L | F # 14 | Women 10 & Under 50 Back | 57 | --- | -4.24 |
| 1:12.87L | F # 20 | Women 8 & Under 50 Breast | 12 | 5 | --- |
| NS | F # 25 | Women 10 & Under 100 Free | --- | --- | --- |
| | (0.00) | (0.00) | | | |
| NS | F # 45 | Women 8 & Under 50 Free | --- | --- | --- |
| NS | F # 51 | Women 8 & Under 50 Back | --- | --- | --- |
| NS | F # 56 | Women 10 & Under 100 Breast | --- | --- | --- |
| | (0.00) | (0.00) | | | |
| Sarah Gannon (10) W | | | | | |
| 58.54L | F # 7 | Women 9-10 50 Fly | 28 | --- | --- |
| 48.46L BB | F # 14 | Women 10 & Under 50 Back | 13 | 4 | --- |
| 57.70L B | F # 18 | Women 9-10 50 Breast | 18 | --- | --- |
| 1:41.72L B | F # 25 | Women 10 & Under 100 Free | 34 | --- | --- |
| | 46.45 | 1:41.72 | | | |
| | (46.45) | (55.27) | | | |
| 42.46L B | F # 43 | Women 9-10 50 Free | 33 | --- | -7.18 |

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|---------------------------------|--------------|-------------------------------|--------------|---------------|---------------|
| 1:42.80L BB | F # 49 | Women 9-10 100 Back | 15 | 2 | -27.65 |
| | 48.97 | 1:42.80 | | | |
| | (48.97) | (53.83) | | | |
| 2:03.84L B | F # 56 | Women 10 & Under 100 Breast | 21 | --- | -30.87 |
| | 58.65 | 2:03.84 | | | |
| | (58.65) | (1:05.19) | | | |
| Lauren Gifford (12) W | | | | | |
| 51.05L | F # 5 | Women 11-12 50 Fly | 43 | --- | -12.64 |
| 53.52L | F # 16 | Women 11-12 50 Breast | 35 | --- | -3.99 |
| 4:05.72L | F # 22 | Mixed 12 & Under 200 Breast | 19 | --- | --- |
| | 55.56 | 2:00.20 3:04.52 4:05.72 | | | |
| | (55.56) | (1:04.64) (1:04.32) (1:01.20) | | | |
| NS | F # 27 | Mixed 12 & Under 400 Free | --- | --- | --- |
| | (0.00) | (0.00) (0.00) (0.00) (0.00) | | | |
| | | (0.00) (0.00) (0.00) (0.00) | | | |
| Taylor Golden (11) W | | | | | |
| 3:17.97L B | F # 1 | Women 11-12 200 IM | 22 | --- | --- |
| | 44.71 | 1:35.31 2:31.03 3:17.97 | | | |
| | (44.71) | (50.60) (55.72) (46.94) | | | |
| 38.57L BB | F # 5 | Women 11-12 50 Fly | 19 | --- | -2.34 |
| 46.21L B | F # 16 | Women 11-12 50 Breast | 9 | 9 | -4.03 |
| 1:17.28L BB | F # 23 | Women 11-12 100 Free | 17 | --- | -5.35 |
| | 36.18 | 1:17.28 | | | |
| | (36.18) | (41.10) | | | |
| NS | F # 41 | Women 11-12 50 Free | --- | --- | --- |
| NS | F # 47 | Women 11-12 100 Back | --- | --- | --- |
| | (0.00) | (0.00) | | | |
| NS | F # 54 | Women 11-12 100 Breast | --- | --- | --- |
| | (0.00) | (0.00) | | | |
| Bibiana Granadillo (9) W | | | | | |
| 48.47L BB | F # 7 | Women 9-10 50 Fly | 12 | 5 | -13.55 |
| 53.75L B | F # 14 | Women 10 & Under 50 Back | 35 | --- | -8.19 |
| 1:15.55L | F # 18 | Women 9-10 50 Breast | 48 | --- | -20.60 |
| 1:45.60L | F # 25 | Women 10 & Under 100 Free | 44 | --- | -28.09 |
| | 49.94 | 1:45.60 | | | |
| | (49.94) | (55.66) | | | |
| 42.45L B | F # 43 | Women 9-10 50 Free | 32 | --- | -10.75 |
| 1:55.02L B | F # 49 | Women 9-10 100 Back | 38 | --- | --- |
| | 56.99 | 1:55.02 | | | |
| | (56.99) | (58.03) | | | |
| 3:38.37L B | F # 60 | Women 10 & Under 200 Free | 23 | --- | -72.89 |
| | 49.13 | 1:49.12 2:45.87 3:38.37 | | | |
| | (49.13) | (59.99) (56.75) (52.50) | | | |
| Nathan Homan (12) M | | | | | |
| 34.31L BB | F # 42 | Men 11-12 50 Free | 18 | --- | --- |

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| Time | F/P/S | Event | Place | Points | Improv |
|---------------------------------|--------------|---|--------------|---------------|---------------|
| 1:30.47L BB | F # 48 | Men 11-12 100 Back 1:30.47 (0.00) (1:30.47) | 17 | --- | --- |
| 1:50.31L | F # 55 | Men 11-12 100 Breast 52.78 1:50.31 (52.78) (57.53) | 16 | 1 | --- |
| 2:54.40L B | F # 59 | Men 11-12 200 Free | 20 | --- | --- |
| Ian Hoover-Grinde (12) M | | | | | |
| 2:58.21L BB | F # 2 | Men 11-12 200 IM 39.44 1:26.96 2:15.57 2:58.21 (39.44) (47.52) (48.61) (42.64) | 5 | 14 | --- |
| 38.95L BB | F # 13 | Men 11-12 50 Back | 10 | 7 | -5.39 |
| 3:14.22L A | F # 22 | Mixed 12 & Under 200 Breast 44.16 1:34.28 2:24.99 3:14.22 (44.16) (50.12) (50.71) (49.23) | 5 | 14 | --- |
| 31.92L A | F # 42 | Men 11-12 50 Free | 8 | 11 | -5.28 |
| 2:57.09L BB | F # 53 | Mixed 12 & Under 200 Back 42.30 1:26.98 2:13.13 2:57.09 (42.30) (44.68) (46.15) (43.96) | 10 | 7 | --- |
| 2:36.19L BB | F # 59 | Men 11-12 200 Free | 8 | 11 | --- |
| 1:30.31L A | F # 70 | Men Senior 100 Breast 43.85 1:30.31 (43.85) (46.46) | 24 | --- | -15.69 |
| Joshua Horth (11) M | | | | | |
| 40.36L B | F # 6 | Men 11-12 50 Fly | 11 | 6 | -3.48 |
| 43.58L B | F # 13 | Men 11-12 50 Back | 19 | --- | -1.16 |
| 49.63L B | F # 17 | Men 11-12 50 Breast | 16 | 1 | -10.39 |
| 1:19.22L B | F # 24 | Men 11-12 100 Free 38.38 1:19.22 (38.38) (40.84) | 19 | --- | -4.56 |
| 1:33.72L B | F # 38 | Men 11-12 100 Fly 41.91 1:33.72 (41.91) (51.81) | 11 | 6 | -18.22 |
| 35.34L B | F # 42 | Men 11-12 50 Free | 22 | --- | -1.97 |
| 1:37.37L B | F # 48 | Men 11-12 100 Back 46.98 1:37.37 (46.98) (50.39) | 22 | --- | -5.20 |
| 2:47.12L BB | F # 59 | Men 11-12 200 Free 38.47 1:20.39 2:06.19 2:47.12 (38.47) (41.92) (45.80) (40.93) | 17 | --- | -7.30 |
| Jacquelyn Hughes (14) W | | | | | |
| 2:40.18L AA | F # 28 | Women Senior 200 IM 35.44 1:18.44 2:03.55 2:40.18 (35.44) (43.00) (45.11) (36.63) | 4 | 15 | -0.10 |

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Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|-------------------------------|--------------|---|--------------|---------------|---------------|
| 1:06.02L AA | F # 30 | Women Senior 100 Free | 9 | 9 | -1.36 |
| | 32.51 | 1:06.02 | | | |
| | (32.51) | (33.51) | | | |
| 2:58.91L AA | F # 35 | Mixed Senior 200 Breast | 16 | 1 | 2.96 |
| | 40.91 | 1:26.54 2:13.44 2:58.91 | | | |
| | (40.91) | (45.63) (46.90) (45.47) | | | |
| 4:58.55L AA | F # 36 | Mixed Senior 400 Free | 24 | --- | 2.41 |
| | 34.37 | 1:11.65 1:50.33 2:28.18 3:06.76 3:44.79 4:22.81 4:58.55 | | | |
| | (34.37) | (37.28) (38.68) (37.85) (38.58) (38.03) (38.02) (35.74) | | | |
| 2:20.75L AA | F # 62 | Women Senior 200 Free | 5 | 14 | -1.62 |
| | 33.20 | 1:08.68 1:45.25 2:20.75 | | | |
| | (33.20) | (35.48) (36.57) (35.50) | | | |
| 2:45.43L A | F # 66 | Mixed Senior 200 Back | 32 | --- | --- |
| | 40.06 | 1:22.47 2:05.49 2:45.43 | | | |
| | (40.06) | (42.41) (43.02) (39.94) | | | |
| 1:23.13L AA | F # 69 | Women Senior 100 Breast | 4 | 15 | 2.38 |
| | 40.03 | 1:23.13 | | | |
| | (40.03) | (43.10) | | | |
| 5:46.83L A | F # 71 | Mixed Senior 400 IM | 28 | --- | 21.94 |
| | 37.51 | 1:25.76 2:10.99 2:56.01 3:42.52 4:30.49 5:09.67 5:46.83 | | | |
| | (37.51) | (48.25) (45.23) (45.02) (46.51) (47.97) (39.18) (37.16) | | | |
| Jennifer Hughes (10) W | | | | | |
| 4:03.46L B | F # 3 | Women 10 & Under 200 IM | 14 | 3 | -45.30 |
| | 1:00.72 | 2:04.61 3:11.70 4:03.46 | | | |
| | (1:00.72) | (1:03.89) (1:07.09) (51.76) | | | |
| 53.95L B | F # 14 | Women 10 & Under 50 Back | 38 | --- | -6.07 |
| 54.92L B | F # 18 | Women 9-10 50 Breast | 8 | 11 | -6.55 |
| 1:40.49L B | F # 25 | Women 10 & Under 100 Free | 28 | --- | -2.41 |
| | 50.28 | 1:40.49 | | | |
| | (50.28) | (50.21) | | | |
| 41.23L B | F # 43 | Women 9-10 50 Free | 22 | --- | -4.81 |
| 1:59.59L B | F # 49 | Women 9-10 100 Back | 42 | --- | -0.95 |
| | 58.33 | 1:59.59 | | | |
| | (58.33) | (1:01.26) | | | |
| 2:03.89L B | F # 56 | Women 10 & Under 100 Breast | 22 | --- | -8.97 |
| | 58.63 | 2:03.89 | | | |
| | (58.63) | (1:05.26) | | | |
| 3:41.12L B | F # 60 | Women 10 & Under 200 Free | 28 | --- | -16.19 |
| | 51.87 | 1:50.36 2:50.17 3:41.12 | | | |
| | (51.87) | (58.49) (59.81) (50.95) | | | |
| Jillian Hughes (9) W | | | | | |
| 56.12L | F # 7 | Women 9-10 50 Fly | 24 | --- | -8.57 |
| 56.00L | F # 14 | Women 10 & Under 50 Back | 44 | --- | -6.09 |
| 1:00.93L B | F # 18 | Women 9-10 50 Breast | 26 | --- | -5.94 |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|-------------------------------|-----------|-----------------------------|---------|---------|---------|
| 1:45.26L | F # 25 | Women 10 & Under 100 Free | 43 | --- | -10.25 |
| | 49.19 | 1:45.26 | | | |
| | (49.19) | (56.07) | | | |
| 46.69L | F # 43 | Women 9-10 50 Free | 49 | --- | -7.21 |
| 1:54.05L B | F # 49 | Women 9-10 100 Back | 37 | --- | --- |
| | 57.64 | 1:54.05 | | | |
| | (57.64) | (56.41) | | | |
| 2:03.46L B | F # 56 | Women 10 & Under 100 Breast | 20 | --- | -12.82 |
| | 1:00.31 | 2:03.46 | | | |
| | (1:00.31) | (1:03.15) | | | |
| 3:45.94L B | F # 60 | Women 10 & Under 200 Free | 31 | --- | -21.61 |
| | 52.52 | 1:52.02 | 2:51.26 | 3:45.94 | |
| | (52.52) | (59.50) | (59.24) | (54.68) | |
| Joshua Hughes (15) M | | | | | |
| 2:30.54L A | F # 29 | Men Senior 200 IM | 18 | --- | 1.39 |
| | 34.10 | 1:14.93 | 1:57.43 | 2:30.54 | |
| | (34.10) | (40.83) | (42.50) | (33.11) | |
| 59.29L AA | F # 31 | Men Senior 100 Free | 17 | --- | -0.26 |
| | 29.18 | 59.29 | | | |
| | (29.18) | (30.11) | | | |
| 2:48.10L A | F # 35 | Mixed Senior 200 Breast | 8 | 11 | 7.79 |
| | 39.30 | 1:22.37 | 2:07.35 | 2:48.10 | |
| | (39.30) | (43.07) | (44.98) | (40.75) | |
| 4:30.17L AA | F # 36 | Mixed Senior 400 Free | 4 | 15 | 6.64 |
| | 31.24 | 1:05.06 | 1:40.00 | 2:14.42 | 2:49.16 |
| | (31.24) | (33.82) | (34.94) | (34.42) | (34.74) |
| | | | | | (32.37) |
| | | | | | (34.22) |
| | | | | | (32.18) |
| 2:08.21L AA | F # 63 | Men Senior 200 Free | 6 | 13 | 2.28 |
| | 30.47 | 1:03.05 | 1:36.28 | 2:08.21 | |
| | (30.47) | (32.58) | (33.23) | (31.93) | |
| 1:14.08L B | F # 65 | Men Senior 100 Fly | 19 | --- | -10.85 |
| | 34.10 | 1:14.08 | | | |
| | (34.10) | (39.98) | | | |
| 1:16.45L A | F # 70 | Men Senior 100 Breast | 6 | 13 | -5.98 |
| | 36.82 | 1:16.45 | | | |
| | (36.82) | (39.63) | | | |
| 5:21.44L A | F # 71 | Mixed Senior 400 IM | 9 | 9 | 15.85 |
| | 36.75 | 1:19.47 | 2:02.83 | 2:44.25 | 3:28.40 |
| | (36.75) | (42.72) | (43.36) | (41.42) | (44.15) |
| | | | | | (43.98) |
| | | | | | (34.94) |
| | | | | | (34.12) |
| Matthew Jackson (12) M | | | | | |
| 2:51.43L A | F # 2 | Men 11-12 200 IM | 3 | 16 | -4.22 |
| | 36.60 | 1:21.30 | 2:10.96 | 2:51.43 | |
| | (36.60) | (44.70) | (49.66) | (40.47) | |
| 39.35L BB | F # 13 | Men 11-12 50 Back | 12 | 5 | -1.61 |
| 40.29L AA | F # 17 | Men 11-12 50 Breast | 3 | 16 | -1.08 |
| 3:06.81L AA | F # 22 | Mixed 12 & Under 200 Breast | 1 | 20 | -7.66 |
| | 44.02 | 1:30.82 | 2:20.01 | 3:06.81 | |
| | (44.02) | (46.80) | (49.19) | (46.80) | |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|------------------------------|-----------|---------------------------|-------|--------|--------|
| 1:20.73L A | F # 38 | Men 11-12 100 Fly | 4 | 15 | -1.82 |
| | 37.64 | 1:20.73 | | | |
| | (37.64) | (43.09) | | | |
| 34.38L BB | F # 42 | Men 11-12 50 Free | 19 | --- | 0.68 |
| 1:24.25L BB | F # 48 | Men 11-12 100 Back | 7 | 12 | -3.29 |
| | 41.77 | 1:24.25 | | | |
| | (41.77) | (42.48) | | | |
| 1:27.20L AA | F # 55 | Men 11-12 100 Breast | 2 | 17 | -4.43 |
| | 41.23 | 1:27.20 | | | |
| | (41.23) | (45.97) | | | |
| Cameron Kelley (11) M | | | | | |
| 54.23L DQ | F # 6 | Men 11-12 50 Fly | --- | --- | --- |
| 47.75L | F # 13 | Men 11-12 50 Back | 28 | --- | -7.19 |
| 58.60L | F # 17 | Men 11-12 50 Breast | 26 | --- | --- |
| 1:23.69L | F # 24 | Men 11-12 100 Free | 24 | --- | -6.71 |
| | 41.34 | 1:23.69 | | | |
| | (41.34) | (42.35) | | | |
| 36.43L B | F # 42 | Men 11-12 50 Free | 27 | --- | -6.10 |
| 1:50.74L | F # 48 | Men 11-12 100 Back | 29 | --- | 2.93 |
| | | 1:50.74 | | | |
| | (0.00) | (1:50.74) | | | |
| 2:08.62L | F # 55 | Men 11-12 100 Breast | 22 | --- | --- |
| | 1:02.35 | 2:08.62 | | | |
| | (1:02.35) | (1:06.27) | | | |
| 3:24.86L | F # 59 | Men 11-12 200 Free | 28 | --- | -20.13 |
| | 42.20 | 1:35.45 | | | |
| | (42.20) | (53.25) | | | |
| | | 2:28.29 | | | |
| | | (52.84) | | | |
| | | 3:24.86 | | | |
| | | (56.57) | | | |
| Shannon Kelley (8) W | | | | | |
| 1:01.18L | F # 9 | Women 8 & Under 50 Fly | 8 | 11 | --- |
| 1:09.20L | F # 20 | Women 8 & Under 50 Breast | 8 | 11 | --- |
| 1:58.42L | F # 25 | Women 10 & Under 100 Free | 56 | --- | --- |
| | 54.88 | 1:58.42 | | | |
| | (54.88) | (1:03.54) | | | |
| 48.28L | F # 45 | Women 8 & Under 50 Free | 9 | 9 | -14.45 |
| 1:02.42L | F # 51 | Women 8 & Under 50 Back | 13 | 4 | -6.48 |
| Stefan Kitsos (12) M | | | | | |
| 36.26L BB | F # 6 | Men 11-12 50 Fly | 6 | 13 | -2.82 |
| 37.07L A | F # 13 | Men 11-12 50 Back | 6 | 13 | -1.90 |
| 41.15L A | F # 17 | Men 11-12 50 Breast | 4 | 15 | 0.87 |
| 1:12.53L BB | F # 24 | Men 11-12 100 Free | 9 | 9 | -0.05 |
| | 33.89 | 1:12.53 | | | |
| | (33.89) | (38.64) | | | |
| 31.01L AA | F # 42 | Men 11-12 50 Free | 4 | 15 | -2.18 |
| 1:25.74L BB | F # 48 | Men 11-12 100 Back | 13 | 4 | 0.88 |
| | 41.34 | 1:25.74 | | | |
| | (41.34) | (44.40) | | | |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|-------------------------------|--------------|-----------------------------|--------------|---------------|---------------|
| 1:28.51L A | F # 55 | Men 11-12 100 Breast | 3 | 16 | -5.02 |
| | 42.27 | 1:28.51 | | | |
| | (42.27) | (46.24) | | | |
| Carter Kramer (10) M | | | | | |
| 4:02.67L B | F # 4 | Men 10 & Under 200 IM | 9 | 9 | --- |
| | 54.34 | 1:53.37 3:09.48 4:02.67 | | | |
| | (54.34) | (59.03) (1:16.11) (53.19) | | | |
| 46.23L BB | F # 15 | Men 10 & Under 50 Back | 7 | 12 | -30.22 |
| 1:06.48L | F # 19 | Men 9-10 50 Breast | 18 | --- | --- |
| 1:39.48L B | F # 26 | Men 10 & Under 100 Free | 21 | --- | -37.84 |
| | 45.38 | 1:39.48 | | | |
| | (45.38) | (54.10) | | | |
| 39.65L BB | F # 44 | Men 9-10 50 Free | 13 | 4 | -13.61 |
| 1:45.86L B | F # 50 | Men 9-10 100 Back | 12 | 5 | -50.40 |
| | 50.80 | 1:45.86 | | | |
| | (50.80) | (55.06) | | | |
| 2:27.47L DQ | F # 57 | Men 10 & Under 100 Breast | --- | --- | --- |
| | 1:09.19 | 2:27.47 | | | |
| | (1:09.19) | (1:18.28) | | | |
| 3:32.78L B | F # 61 | Men 10 & Under 200 Free | 18 | --- | --- |
| | 46.18 | 1:42.78 2:39.12 3:32.78 | | | |
| | (46.18) | (56.60) (56.34) (53.66) | | | |
| Mackinzee Macho (10) W | | | | | |
| 58.44L | F # 7 | Women 9-10 50 Fly | 27 | --- | 0.84 |
| 50.86L B | F # 14 | Women 10 & Under 50 Back | 18 | --- | -8.56 |
| 57.42L B | F # 18 | Women 9-10 50 Breast | 14 | 3 | -6.09 |
| 1:40.98L B | F # 25 | Women 10 & Under 100 Free | 31 | --- | -10.18 |
| | 46.62 | 1:40.98 | | | |
| | (46.62) | (54.36) | | | |
| 42.03L B | F # 43 | Women 9-10 50 Free | 29 | --- | --- |
| 1:51.07L B | F # 49 | Women 9-10 100 Back | 30 | --- | --- |
| | 53.95 | 1:51.07 | | | |
| | (53.95) | (57.12) | | | |
| 2:05.58L B | F # 56 | Women 10 & Under 100 Breast | 24 | --- | --- |
| | 1:02.03 | 2:05.58 | | | |
| | (1:02.03) | (1:03.55) | | | |
| 3:38.44L B | F # 60 | Women 10 & Under 200 Free | 24 | --- | --- |
| | 49.09 | 1:45.51 2:44.25 3:38.44 | | | |
| | (49.09) | (56.42) (58.74) (54.19) | | | |
| Alicia Miltner (11) W | | | | | |
| 3:32.76L | F # 1 | Women 11-12 200 IM | 30 | --- | --- |
| | 49.73 | 1:42.04 2:45.81 3:32.76 | | | |
| | (49.73) | (52.31) (1:03.77) (46.95) | | | |
| 46.30L | F # 12 | Women 11-12 50 Back | 41 | --- | -15.52 |
| 55.02L | F # 16 | Women 11-12 50 Breast | 38 | --- | -7.48 |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|----------------------------|-----------|-----------------------------|-------|--------|--------|
| 1:29.07L | F # 23 | Women 11-12 100 Free | 33 | --- | -20.36 |
| | 40.99 | 1:29.07 | | | |
| | (40.99) | (48.08) | | | |
| 37.28L B | F # 41 | Women 11-12 50 Free | 39 | --- | --- |
| 1:35.00L B | F # 47 | Women 11-12 100 Back | 27 | --- | --- |
| | | 1:35.00 | | | |
| | (0.00) | (1:35.00) | | | |
| 1:53.01L | F # 54 | Women 11-12 100 Breast | 30 | --- | --- |
| | 54.24 | 1:53.01 | | | |
| | (54.24) | (58.77) | | | |
| 3:05.94L | F # 58 | Women 11-12 200 Free | 29 | --- | --- |
| | 41.79 | 1:29.83 2:18.79 3:05.94 | | | |
| | (41.79) | (48.04) (48.96) (47.15) | | | |
| Emily Nelson (10) W | | | | | |
| 48.29L BB | F # 7 | Women 9-10 50 Fly | 11 | 6 | -14.87 |
| 50.98L B | F # 14 | Women 10 & Under 50 Back | 20 | --- | -12.60 |
| 1:03.39L | F # 18 | Women 9-10 50 Breast | 35 | --- | --- |
| 1:36.05L B | F # 25 | Women 10 & Under 100 Free | 14 | 3 | --- |
| | 45.31 | 1:36.05 | | | |
| | (45.31) | (50.74) | | | |
| 41.34L B | F # 43 | Women 9-10 50 Free | 25 | --- | -5.12 |
| 1:46.31L BB | F # 49 | Women 9-10 100 Back | 23 | --- | -20.04 |
| | 50.51 | 1:46.31 | | | |
| | (50.51) | (55.80) | | | |
| 2:19.94L | F # 56 | Women 10 & Under 100 Breast | 35 | --- | --- |
| | 1:07.64 | 2:19.94 | | | |
| | (1:07.64) | (1:12.30) | | | |
| 3:28.82L B | F # 60 | Women 10 & Under 200 Free | 19 | --- | --- |
| | 47.97 | 1:42.17 2:38.09 3:28.82 | | | |
| | (47.97) | (54.20) (55.92) (50.73) | | | |
| Matt Peng (10) M | | | | | |
| 42.16L BB | F # 8 | Men 9-10 50 Fly | 5 | 14 | -1.62 |
| 43.75L A | F # 15 | Men 10 & Under 50 Back | 2 | 17 | -5.45 |
| 51.72L BB | F # 19 | Men 9-10 50 Breast | 3 | 16 | -1.45 |
| 1:23.37L BB | F # 26 | Men 10 & Under 100 Free | 8 | 11 | -6.04 |
| | 38.31 | 1:23.37 | | | |
| | (38.31) | (45.06) | | | |
| 35.28L A | F # 44 | Men 9-10 50 Free | 5 | 14 | -2.55 |
| 1:37.30L BB | F # 50 | Men 9-10 100 Back | 7 | 12 | -10.89 |
| | 48.41 | 1:37.30 | | | |
| | (48.41) | (48.89) | | | |
| 1:56.15L BB | F # 57 | Men 10 & Under 100 Breast | 8 | 11 | -1.15 |
| | 54.23 | 1:56.15 | | | |
| | (54.23) | (1:01.92) | | | |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|--------------------------------|--------|------------------------------------|-------|--------|--------|
| 3:08.14L | BB | F # 61 Men 10 & Under 200 Free | 7 | 12 | --- |
| | | 40.52 1:29.09 2:22.68 3:08.14 | | | |
| | | (40.52) (48.57) (53.59) (45.46) | | | |
| Tristen Perreault (9) M | | | | | |
| 1:09.87L | F # 15 | Men 10 & Under 50 Back | 36 | --- | --- |
| 1:21.56L | F # 19 | Men 9-10 50 Breast | 23 | --- | --- |
| NS | F # 44 | Men 9-10 50 Free | --- | --- | --- |
| Sami Scheetz (14) M | | | | | |
| 2:44.45L | BB | F # 29 Men Senior 200 IM | 35 | --- | -0.20 |
| | | 33.85 1:19.83 2:06.19 2:44.45 | | | |
| | | (33.85) (45.98) (46.36) (38.26) | | | |
| 1:05.23L | A | F # 31 Men Senior 100 Free | 38 | --- | -1.64 |
| | | 31.60 1:05.23 | | | |
| | | (31.60) (33.63) | | | |
| 2:51.96L | AA | F # 35 Mixed Senior 200 Breast | 12 | 5 | 1.67 |
| | | 37.88 1:22.70 2:09.49 2:51.96 | | | |
| | | (37.88) (44.82) (46.79) (42.47) | | | |
| 1:16.40L | DQ | F # 65 Men Senior 100 Fly | --- | --- | --- |
| | | 34.49 1:16.40 | | | |
| | | (34.49) (41.91) | | | |
| 27.62L | AAA | F # 68 Men Senior 50 Free | 15 | 2 | 0.24 |
| 1:17.94L | A | F # 70 Men Senior 100 Breast | 8 | 11 | 0.98 |
| | | 36.33 1:17.94 | | | |
| | | (36.33) (41.61) | | | |
| Emma Sorg (7) W | | | | | |
| 47.64L | F # 45 | Women 8 & Under 50 Free | 8 | 11 | --- |
| 1:01.97L | F # 51 | Women 8 & Under 50 Back | 12 | 5 | --- |
| Olivia Squire (10) W | | | | | |
| 52.61L | B | F # 14 Women 10 & Under 50 Back | 31 | --- | --- |
| 1:00.94L | B | F # 18 Women 9-10 50 Breast | 27 | --- | --- |
| 1:36.76L | B | F # 25 Women 10 & Under 100 Free | 16 | 1 | --- |
| | | 44.65 1:36.76 | | | |
| | | (44.65) (52.11) | | | |
| 38.98L | BB | F # 43 Women 9-10 50 Free | 10 | 7 | --- |
| 2:04.36L | DQ | F # 49 Women 9-10 100 Back | --- | --- | --- |
| | | 2:04.36 | | | |
| | | (0.00) (2:04.36) | | | |
| 2:15.77L | B | F # 56 Women 10 & Under 100 Breast | 33 | --- | --- |
| | | 1:04.16 2:15.77 | | | |
| | | (1:04.16) (1:11.61) | | | |
| Harli Steichen (10) W | | | | | |
| 1:04.40L | F # 7 | Women 9-10 50 Fly | 33 | --- | --- |
| 53.84L | B | F # 14 Women 10 & Under 50 Back | 37 | --- | --- |
| 1:10.23L | F # 18 | Women 9-10 50 Breast | 43 | --- | --- |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|--------------------------------|--------------|---|--------------|---------------|---------------|
| 2:08.07L | F # 25 | Women 10 & Under 100 Free | 59 | --- | --- |
| | 1:00.88 | 2:08.07 | | | |
| | (1:00.88) | (1:07.19) | | | |
| 55.88L | F # 43 | Women 9-10 50 Free | 57 | --- | --- |
| 1:56.30L B | F # 49 | Women 9-10 100 Back | 40 | --- | --- |
| | (0.00) | 1:56.30 | | | |
| | (0.00) | (1:56.30) | | | |
| NS | F # 60 | Women 10 & Under 200 Free | --- | --- | --- |
| | (0.00) | (0.00) (0.00) (0.00) (0.00) | | | |
| Katie Stonehocker (8) W | | | | | |
| 38.99L BB | F # 45 | Women 8 & Under 50 Free | 1 | 20 | -5.28 |
| 49.56L BB | F # 51 | Women 8 & Under 50 Back | 2 | 17 | -2.62 |
| 1:57.16L BB | F # 56 | Women 10 & Under 100 Breast | 11 | 6 | --- |
| | 55.41 | 1:57.16 | | | |
| | (55.41) | (1:01.75) | | | |
| 3:16.26L BB | F # 60 | Women 10 & Under 200 Free | 11 | 6 | --- |
| | 43.70 | 1:35.01 2:29.65 3:16.26 | | | |
| | (43.70) | (51.31) (54.64) (46.61) | | | |
| Quinn Taylor (14) W | | | | | |
| 2:53.18L BB | F # 28 | Women Senior 200 IM | 23 | --- | -3.86 |
| | 39.06 | 1:24.47 2:16.91 2:53.18 | | | |
| | (39.06) | (45.41) (52.44) (36.27) | | | |
| 1:12.35L BB | F # 30 | Women Senior 100 Free | 42 | --- | -2.13 |
| | 34.94 | 1:12.35 | | | |
| | (34.94) | (37.41) | | | |
| 1:22.11L BB | F # 33 | Women Senior 100 Back | 22 | --- | -6.07 |
| | 40.58 | 1:22.11 | | | |
| | (40.58) | (41.53) | | | |
| 5:20.04L BB | F # 36 | Mixed Senior 400 Free | 48 | --- | 11.38 |
| | 35.93 | 1:16.37 1:57.76 2:38.33 3:19.42 4:00.21 4:40.39 5:20.04 | | | |
| | (35.93) | (40.44) (41.39) (40.57) (41.09) (40.79) (40.18) (39.65) | | | |
| 2:28.82L A | F # 62 | Women Senior 200 Free | 17 | --- | -4.07 |
| | 34.49 | 1:12.00 1:51.05 2:28.82 | | | |
| | (34.49) | (37.51) (39.05) (37.77) | | | |
| 2:48.26L BB | F # 66 | Mixed Senior 200 Back | 36 | --- | -7.71 |
| | 40.64 | 1:24.20 2:06.93 2:48.26 | | | |
| | (40.64) | (43.56) (42.73) (41.33) | | | |
| 1:36.38L BB | F # 69 | Women Senior 100 Breast | 20 | --- | --- |
| | 46.63 | 1:36.38 | | | |
| | (46.63) | (49.75) | | | |
| 6:10.70L BB | F # 71 | Mixed Senior 400 IM | 39 | --- | 7.01 |
| | 42.22 | 1:30.53 2:18.61 3:03.30 3:58.18 4:51.04 5:31.91 6:10.70 | | | |
| | (42.22) | (48.31) (48.08) (44.69) (54.88) (52.86) (40.87) (38.79) | | | |
| Richard Taylor (8) M | | | | | |
| 1:26.08L | F # 10 | Men 8 & Under 50 Fly | 7 | 12 | --- |
| 1:25.91L | F # 21 | Men 8 & Under 50 Breast | 7 | 12 | --- |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|-----------------------------|--------------------------------|---|--------------|---------------|---------------|
| 2:25.13L | F # 26 1:09.90 (1:09.90) | Men 10 & Under 100 Free 2:25.13 (1:15.23) | 40 | --- | --- |
| 1:06.56L | F # 46 | Men 8 & Under 50 Free | 10 | 7 | -5.08 |
| 1:01.49L | F # 52 | Men 8 & Under 50 Back | 8 | 11 | -8.19 |
| Ryan Taylor (10) M | | | | | |
| 3:52.16L DQ | F # 4 58.56 (58.56) | Men 10 & Under 200 IM 1:59.74 3:01.53 3:52.16 (1:01.18) (1:01.79) (50.63) | --- | --- | --- |
| 56.01L B | F # 15 | Men 10 & Under 50 Back | 25 | --- | -1.62 |
| 52.43L BB | F # 19 | Men 9-10 50 Breast | 6 | 13 | -3.40 |
| 1:36.60L B | F # 26 46.82 (46.82) | Men 10 & Under 100 Free 1:36.60 (49.78) | 17 | --- | -10.19 |
| 42.83L B | F # 44 | Men 9-10 50 Free | 22 | --- | -7.49 |
| 1:51.16L B | F # 50 54.15 (54.15) | Men 9-10 100 Back 1:51.16 (57.01) | 18 | --- | -12.33 |
| 1:58.68L BB | F # 57 58.52 (58.52) | Men 10 & Under 100 Breast 1:58.68 (1:00.16) | 12 | 5 | -13.32 |
| 3:18.76L B | F # 61 45.86 (45.86) | Men 10 & Under 200 Free 1:38.49 2:30.90 3:18.76 (52.63) (52.41) (47.86) | 12 | 5 | -36.62 |
| Zoe Taylor (10) W | | | | | |
| 44.84L BB | F # 7 | Women 9-10 50 Fly | 5 | 14 | -16.54 |
| 49.04L BB | F # 14 | Women 10 & Under 50 Back | 15 | 2 | -5.74 |
| 1:01.03L B | F # 18 | Women 9-10 50 Breast | 28 | --- | -6.26 |
| 1:37.04L B | F # 25 46.53 (46.53) | Women 10 & Under 100 Free 1:37.04 (50.51) | 17 | --- | -17.93 |
| 41.88L B | F # 43 | Women 9-10 50 Free | 28 | --- | -9.81 |
| 1:43.57L BB | F # 49 (0.00) | Women 9-10 100 Back 1:43.57 (1:43.57) | 16 | 1 | -17.35 |
| 3:44.25L | F # 53 52.37 (52.37) | Mixed 12 & Under 200 Back 1:50.91 2:47.76 3:44.25 (58.54) (56.85) (56.49) | 33 | --- | --- |
| 3:19.28L BB | F # 60 46.87 (46.87) | Women 10 & Under 200 Free 1:38.88 2:31.59 3:19.28 (52.01) (52.71) (47.69) | 15 | 2 | -38.47 |
| Delaney Thoma (10) W | | | | | |
| 4:19.07L | F # 3 1:02.85 (1:02.85) | Women 10 & Under 200 IM 2:05.93 3:26.48 4:19.07 (1:03.08) (1:20.55) (52.59) | 18 | --- | --- |
| 53.75L B | F # 14 | Women 10 & Under 50 Back | 35 | --- | --- |

Cedar Rapids Aquatics Association

Individual Meet Results

2010 Long Course Kick Off 05-Jun-10 to 06-Jun-10 LC Meters

Location: Iowa City

Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley

| Time | F/P/S | Event | Place | Points | Improv |
|--------------------------------|-----------|---------------------------|-------|--------|--------|
| 1:12.35L | F # 18 | Women 9-10 50 Breast | 46 | --- | --- |
| 1:40.45L B | F # 25 | Women 10 & Under 100 Free | 27 | --- | --- |
| | 47.78 | 1:40.45 | | | |
| | (47.78) | (52.67) | | | |
| Samantha Valenta (12) W | | | | | |
| 53.50L | F # 5 | Women 11-12 50 Fly | 46 | --- | 0.90 |
| 49.42L | F # 12 | Women 11-12 50 Back | 49 | --- | -2.85 |
| 1:00.82L | F # 16 | Women 11-12 50 Breast | 43 | --- | -3.09 |
| 1:43.14L | F # 23 | Women 11-12 100 Free | 48 | --- | -9.24 |
| | 45.32 | 1:43.14 | | | |
| | (45.32) | (57.82) | | | |
| Michael Welbes (9) M | | | | | |
| 1:20.05L | F # 8 | Men 9-10 50 Fly | 24 | --- | --- |
| 1:16.35L | F # 15 | Men 10 & Under 50 Back | 38 | --- | --- |
| 1:39.49L | F # 19 | Men 9-10 50 Breast | 26 | --- | --- |
| 2:31.82L | F # 26 | Men 10 & Under 100 Free | 41 | --- | --- |
| | 1:11.10 | 2:31.82 | | | |
| | (1:11.10) | (1:20.72) | | | |
| Kelly Wingerson (13) W | | | | | |
| 3:11.75L B | F # 28 | Women Senior 200 IM | 44 | --- | --- |
| | 40.15 | 1:31.23 2:29.49 3:11.75 | | | |
| | (40.15) | (51.08) (58.26) (42.26) | | | |
| 1:17.20L B | F # 30 | Women Senior 100 Free | 55 | --- | --- |
| | 40.42 | 1:17.20 | | | |
| | (40.42) | (36.78) | | | |
| Lydia Yang (12) W | | | | | |
| 3:04.89L BB | F # 1 | Women 11-12 200 IM | 13 | 4 | --- |
| | 38.10 | 1:24.81 2:21.78 3:04.89 | | | |
| | (38.10) | (46.71) (56.97) (43.11) | | | |
| 36.69L BB | F # 5 | Women 11-12 50 Fly | 11 | 6 | -12.03 |
| 39.00L BB | F # 12 | Women 11-12 50 Back | 10 | 7 | -5.95 |
| 1:12.63L A | F # 23 | Women 11-12 100 Free | 8 | 11 | -13.00 |
| | 34.52 | 1:12.63 | | | |
| | (34.52) | (38.11) | | | |
| 32.36L AA | F # 41 | Women 11-12 50 Free | 8 | 11 | -7.21 |
| 1:23.71L BB | F # 47 | Women 11-12 100 Back | 10 | 7 | -15.72 |
| | 40.20 | 1:23.71 | | | |
| | (40.20) | (43.51) | | | |
| 1:43.12L B | F # 54 | Women 11-12 100 Breast | 15 | 2 | -11.65 |
| | 48.68 | 1:43.12 | | | |
| | (48.68) | (54.44) | | | |
| 2:43.03L BB | F # 58 | Women 11-12 200 Free | 10 | 7 | -29.44 |
| | 37.02 | 1:19.34 2:01.59 2:43.03 | | | |
| | (37.02) | (42.32) (42.25) (41.44) | | | |