

## Cedar Rapids Aquatics Association

### Individual Meet Results

**Des Moines Swim Federation Fall Invitational 12-Nov-11 to 13-Nov-11 Yards**

**Sanction: IA-12-09 Location: West Des Moines Valley High School**

**Cedar Rapids Aquatics Assn [CRAA-IA] Coach: Bobby Kelley**

Time	F/P/S	Event	Place	Points	Improv
<b>Jacqueline Allen (15) W</b>					
59.38Y Q	F # 82	Women Senior 100 Free	11	---	0.32
<b>Paige Broghammer (14) W</b>					
1:10.19Y Q	F # 28	Women Senior 100 Fly	14	---	4.06
2:32.55Y Q	F # 31	Women Senior 200 Back	23	---	3.83
26.81Y Q	F # 34	Women Senior 50 Free	13	---	-0.63
2:45.02Y Q	F # 37	Women Senior 200 Breast	5	---	4.93
2:33.16Y	F # 73	Women Senior 200 IM	16	---	9.37
1:10.49Y Q	F # 76	Women Senior 100 Back	25	---	3.38
1:00.04Y Q	F # 82	Women Senior 100 Free	15	---	-0.75
1:16.79Y Q	F # 85	Women Senior 100 Breast	8	---	3.48
<b>Kelsey Drake (13) W</b>					
1:00.57Y Q	F # 28	Women Senior 100 Fly	1	---	1.19
25.07Y Q	F # 34	Women Senior 50 Free	3	---	0.26
4:55.50Y Q	F # 43	Women Senior 400 IM	1	---	-14.95
1:03.85Y Q	F # 76	Women Senior 100 Back	4	---	1.59
2:14.81Y Q	F # 79	Women Senior 200 Fly	1	---	-8.74
54.77Y Q	F # 82	Women Senior 100 Free	2	---	0.87
1:13.23Y Q	F # 85	Women Senior 100 Breast	4	---	3.01
<b>Eric Ford (14) M</b>					
6:37.78Y	F # 26	Men Senior 500 Free	22	---	43.70
32.38Y	F # 35	Men Senior 50 Free	39	---	0.64
3:15.24Y	F # 38	Men Senior 200 Breast	14	---	8.90
1:20.04Y	F # 77	Men Senior 100 Back	28	---	-0.34
1:09.50Y	F # 83	Men Senior 100 Free	44	---	-0.86
1:30.21Y	F # 86	Men Senior 100 Breast	24	---	0.02
<b>Ethan Ford (11) M</b>					
2:54.74Y	F # 27	Men 11-12 200 Free	19	---	5.35
1:28.50Y	F # 33	Men 11-12 100 Back	20	---	4.69
NS	F # 36	Men 11-12 100 IM	---	---	---
44.82Y	F # 39	Men 11-12 50 Breast	13	---	0.54
33.60Y	F # 72	Men 11-12 50 Free	25	---	1.70
37.66Y	F # 78	Men 11-12 50 Back	15	---	-1.07
1:24.13Y	F # 84	Men 11-12 100 Free	27	---	8.92
1:43.06Y	F # 87	Men 11-12 100 Breast	14	---	3.67
<b>Ian Ford (18) M</b>					
1:53.74Y Q	F # 32	Men Senior 200 Back	1	---	-0.65
2:11.67Y Q	F # 38	Men Senior 200 Breast	1	---	2.13
52.66Y Q	F # 77	Men Senior 100 Back	1	---	0.07
1:01.43Y Q	F # 86	Men Senior 100 Breast	2	---	1.29
<b>Sarah Gannon (11) W</b>					
2:23.46Y Q	F # 3	Women 11-12 200 Free	7	---	-7.05
1:16.10Y Q	F # 11	Women 11-12 100 Back	5	---	0.58
1:18.67Y	F # 16	Women 11-12 100 IM	9	---	0.77

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42.15Y	F # 21	Women 11-12 50 Breast	15	---	-2.13
30.56Y	F # 22	200 Free Relay Lead Off	---	---	0.29
29.42Y Q	F # 52	Women 11-12 50 Free	7	---	-0.85
34.85Y	F # 60	Women 11-12 50 Back	4	---	0.02
1:32.29Y	F # 63	Women 11-12 100 Breast	14	---	-6.50
1:06.43Y	F # 68	Women 11-12 100 Free	11	---	-1.54
35.22Y	F # 69	200 Medley Relay Lead Off	---	---	0.39
<b>Ian Hoover-Grinde (13) M</b>					
5:38.52Y	F # 26	Men Senior 500 Free	13	---	-3.95
27.12Y	F # 35	Men Senior 50 Free	27	---	0.71
2:06.10Y	F # 41	Men Senior 200 Free	9	---	3.07
2:30.69Y	F # 74	Men Senior 200 IM	23	---	9.60
58.54Y	F # 83	Men Senior 100 Free	30	---	1.74
11:55.47Y Q	F # 89	Men Senior 1000 Free	8	---	-4.26
<b>Joshua Horth (12) M</b>					
2:11.02Y Q	F # 27	Men 11-12 200 Free	5	---	-1.36
32.05Y Q	F # 30	Men 11-12 50 Fly	8	---	-0.31
1:06.63Y Q	F # 33	Men 11-12 100 Back	2	---	-0.48
1:12.34Y Q	F # 36	Men 11-12 100 IM	7	---	-1.33
27.68Y Q	F # 72	Men 11-12 50 Free	8	---	-0.41
30.35Y Q	F # 78	Men 11-12 50 Back	2	---	-0.28
1:12.84Y Q	F # 81	Men 11-12 100 Fly	4	---	-8.13
6:03.54Y Q	F # 90	Men 11-12 500 Free	1	---	20.08
<b>Matthew Jackson (13) M</b>					
1:04.80Y Q	F # 29	Men Senior 100 Fly	10	---	-1.53
2:15.87Y Q	F # 32	Men Senior 200 Back	4	---	-4.42
2:30.91Y Q	F # 38	Men Senior 200 Breast	5	---	-0.91
2:18.46Y Q	F # 74	Men Senior 200 IM	14	---	-0.83
1:03.84Y Q	F # 77	Men Senior 100 Back	11	---	-1.49
58.16Y	F # 83	Men Senior 100 Free	28	---	-0.78
1:10.81Y Q	F # 86	Men Senior 100 Breast	9	---	-0.53
<b>Cameron Kelley (13) M</b>					
2:42.70Y	F # 32	Men Senior 200 Back	13	---	0.44
28.75Y	F # 35	Men Senior 50 Free	34	---	-0.37
2:36.11Y	F # 41	Men Senior 200 Free	24	---	9.26
1:13.38Y	F # 77	Men Senior 100 Back	24	---	-2.72
1:06.25Y	F # 83	Men Senior 100 Free	40	---	0.65
<b>Stefan Kitsos (14) M</b>					
1:03.54Y Q	F # 29	Men Senior 100 Fly	7	---	0.77
24.23Y Q	F # 35	Men Senior 50 Free	9	---	-0.33
2:02.23Y Q	F # 41	Men Senior 200 Free	5	---	-1.50
2:13.80Y Q	F # 74	Men Senior 200 IM	8	---	-3.11
1:02.84Y Q	F # 77	Men Senior 100 Back	9	---	1.62
56.12Y Q	F # 83	Men Senior 100 Free	18	---	1.63

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<b>Carter Kramer (11) M</b>					
NS	F # 72	Men 11-12 50 Free	---	---	---
NS	F # 75	Men 11-12 200 IM	---	---	---
NS	F # 81	Men 11-12 100 Fly	---	---	---
<b>Abigail Krueger (14) W</b>					
1:18.46Y	F # 28	Women Senior 100 Fly	25	---	-1.83
2:31.93Y Q	F # 31	Women Senior 200 Back	19	---	-0.57
29.75Y	F # 34	Women Senior 50 Free	52	---	0.56
2:22.55Y	F # 40	Women Senior 200 Free	31	---	-0.26
2:37.78Y	F # 73	Women Senior 200 IM	26	---	-1.40
1:14.24Y	F # 76	Women Senior 100 Back	37	---	1.58
1:07.66Y	F # 82	Women Senior 100 Free	46	---	1.88
1:26.68Y	F # 85	Women Senior 100 Breast	27	---	-1.05
<b>Mackinzee Macho (11) W</b>					
33.32Y Q	F # 8	Women 11-12 50 Fly	6	---	-0.32
1:16.46Y Q	F # 11	Women 11-12 100 Back	8	---	-2.37
1:17.15Y	F # 16	Women 11-12 100 IM	7	---	1.17
40.63Y	F # 21	Women 11-12 50 Breast	10	---	0.29
29.77Y Q	F # 52	Women 11-12 50 Free	9	---	-0.54
1:31.36Y DQ	F # 55	Women 11-12 100 Fly	---	---	---
36.20Y	F # 60	Women 11-12 50 Back	11	---	0.39
1:06.90Y	F # 68	Women 11-12 100 Free	12	---	-2.57
<b>Emily Nelson (11) W</b>					
NS	F # 52	Women 11-12 50 Free	---	---	---
NS	F # 55	Women 11-12 100 Fly	---	---	---
NS	F # 60	Women 11-12 50 Back	---	---	---
NS	F # 68	Women 11-12 100 Free	---	---	---
<b>Matt Peng (11) M</b>					
28.68Y Q	F # 30	Men 11-12 50 Fly	1	---	-0.56
1:08.17Y Q	F # 33	Men 11-12 100 Back	3	---	0.88
1:06.53Y Q	F # 36	Men 11-12 100 IM	3	---	-1.45
34.14Y Q	F # 39	Men 11-12 50 Breast	3	---	-1.07
25.65Y Q	F # 72	Men 11-12 50 Free	1	---	-0.26
30.03Y Q	F # 78	Men 11-12 50 Back	1	---	-1.24
1:05.64Y Q	F # 81	Men 11-12 100 Fly	2	---	-1.98
57.81Y Q	F # 84	Men 11-12 100 Free	1	---	-0.82
<b>Samuel Peng (9) M</b>					
39.42Y	F # 51	Men 10 & Under 50 Free	17	---	-1.21
45.29Y	F # 59	Men 10 & Under 50 Back	13	---	-2.19
1:28.09Y	F # 67	Men 10 & Under 100 Free	12	---	-24.55
<b>Olivia Squire (12) W</b>					
1:25.02Y	F # 11	Women 11-12 100 Back	18	---	1.65
1:24.99Y	F # 16	Women 11-12 100 IM	21	---	1.42
44.24Y	F # 21	Women 11-12 50 Breast	23	---	2.10

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30.61Y	F # 52	Women 11-12 50 Free	19	---	-1.01
36.69Y	F # 60	Women 11-12 50 Back	14	---	-0.17
1:34.79Y	F # 63	Women 11-12 100 Breast	19	---	1.73
1:14.43Y	F # 68	Women 11-12 100 Free	24	---	1.08
<b>Victoria Thorne (11) W</b>					
2:50.10Y	F # 3	Women 11-12 200 Free	24	---	-71.38
1:29.11Y	F # 16	Women 11-12 100 IM	26	---	0.39
46.89Y	F # 21	Women 11-12 50 Breast	29	---	2.05
34.43Y	F # 52	Women 11-12 50 Free	34	---	1.00
38.59Y	F # 60	Women 11-12 50 Back	26	---	-1.35
1:38.08Y	F # 63	Women 11-12 100 Breast	20	---	-12.24
1:17.61Y	F # 68	Women 11-12 100 Free	31	---	-3.50
<b>Rachel Velazquez (13) W</b>					
2:57.45Y	F # 73	Women Senior 200 IM	36	---	1.00
1:18.32Y	F # 76	Women Senior 100 Back	42	---	2.26
1:09.52Y	F # 82	Women Senior 100 Free	47	---	-0.03
<b>Sarah Velazquez (12) W</b>					
58.50Y	F # 8	Women 11-12 50 Fly	30	---	-3.51
1:46.93Y	F # 16	Women 11-12 100 IM	33	---	---
50.84Y	F # 21	Women 11-12 50 Breast	33	---	0.90
<b>Kelly Wingerson (14) W</b>					
6:01.82Y	F # 25	Women Senior 500 Free	8	---	-2.05
2:40.52Y	F # 31	Women Senior 200 Back	29	---	6.33
28.06Y Q	F # 34	Women Senior 50 Free	28	---	0.20
2:37.21Y	F # 73	Women Senior 200 IM	24	---	6.89
1:16.68Y	F # 76	Women Senior 100 Back	39	---	5.48