

CRAA 2010 Spring and Summer Practice Schedule

Senior

March 29 through April

Monday, Wednesday, Friday	5:15 – 7:00 AM @ Coe
Monday through Thursday	6:30 – 8:30 PM @ Coe
Saturday	7:00 – 9:30 AM @ Coe

May through June 13

Monday, Wednesday, Friday	5:15 – 7:00 AM @ Coe
Monday through Thursday	5:30 – 7:30/8:00 PM @ Coe
Saturday	7:00 – 9:30 AM @ Coe

June 14 through end of season

Monday through Thursday	6:00 – 7:45 AM/8:15 AM @ Coe
Friday	6:00 – 7:45 AM @ Coe
Monday, Tuesday, Thursday	3:00 – 4:30 PM @ Coe
Saturday	7:00 – 9:30 AM @ Coe

Gold

March 29 through April

Monday through Thursday	6:30 – 8:00 PM @ Coe
Friday	5:30 – 7:00 PM @ Coe
Saturday	7:00 – 9:00 AM @ Coe

May through June 13

Monday through Thursday	5:30 – 7:00 PM @ Coe
Saturday	7:00 – 9:00 AM @ Coe

June 14 through end of season

Monday through Friday	6:00 – 7:45 AM @ Coe
Monday, Tuesday, Thursday	6:00 – 7:30 PM @ Coe
Saturday	7:00 – 9:00 AM @ Coe

CRAA 2010 Spring and Summer Practice Schedule

Silver

March 29 through April

Monday through Thursday	5:15 – 6:45 PM @ Wash
Friday	5:30 – 7:00 PM @ Coe
Saturday	7:00 – 9:00 AM @ Coe

May through June 13

Monday through Thursday	5:30 – 7:00 PM @ Coe
Friday	5:30 – 7:00 PM @ Coe
Saturday	7:00 – 9:00 AM @ Coe

June 14 through the end of the season

Monday through Thursday	4:30 – 6:00 PM at Coe
Tuesday, Thursday, Friday	7:00 – 8:30 AM @ Coe
Saturday	7:00 – 9:00 AM @ Coe

Bronze

March 29 through April

Monday through Thursday	6:00 – 7:15 PM @ Washington
Friday	5:30 – 7:00 PM @ Coe
Sunday (Start April 11)	4:45 PM – 6:15 PM @ Coe

(Note: Washington pool not available Tuesday, April 20 – Erskine Family Night)

May through June 13

Monday through Thursday	6:00 – 7:30 PM @ Washington
Friday	5:30 – 7:00 PM @ Coe
Sunday	4:45 – 6:15 PM @ Coe

June 14 through the end of the season

Monday through Thursday	4:00 – 5:30 PM @ Washington
Tuesday, Thursday	8:15 – 9:30 AM @ Coe
Friday	7:45 – 9:00 AM @ Coe

CRAA 2010 Spring and Summer Practice Schedule

Junior II

March 29 through April

Monday through Thursday 6:00 – 7:15 PM @ Washington
Friday 5:30 – 7:00 PM @ Coe
Sunday (Start April 11) 4:45 PM – 6:15 PM @ Coe

(Note: Washington pool not available Tuesday, April 20 – Erskine Family Night)

May through June 13

Monday through Thursday 6:00 – 7:30 PM @ Washington
Friday 5:30 – 7:00 PM @ Coe
Sunday 4:45 – 6:15 PM @ Coe

June 14 through the end of the season

Monday through Thursday 4:00 – 5:30 PM @ Washington
Tuesday, Thursday 8:15 – 9:30 AM @ Coe
Friday 7:45 – 9:00 AM @ Coe

Junior I

Start Sunday, April 11 through June 13

Tuesday, Wednesday, Thursday 5:45 – 6:45 PM @ Jefferson
Sunday 4:00 – 5:00 PM @ Coe

June 14 through end of season

Junior I AM

Monday through Thursday 8:30 – 9:30 AM @ Coe
Friday 7:45 – 8:45 AM @ Coe

Junior I PM

Monday through Thursday 5:30 – 6:30 PM @ Washington
Friday 7:45 – 8:45 AM @ Coe

CRAA 2010 Spring and Summer Practice Schedule

Junior Rookies

Sunday, May 2 through June 13

Junior Rookies Early

Sunday 4:00 – 4:45 PM @ Coe
Tuesday, Wednesday, Thursday 5:30 – 6:10 PM @ Jefferson

Junior Rookies Late

Sunday 4:00 – 4:45 PM @ Coe
Tuesday, Wednesday, Thursday 6:10 – 6:50 PM @ Jefferson

June 14 through the end of the season

Junior Rookies AM

Monday through Thursday 9:45 – 10:30 AM @ Coe

Junior Rookies PM

Tuesday, Wednesday, Thursday 5:30 – 6:15 PM @ Washington

Early Bird Clinic

May 3 through June 3

(For non-CRAA swimmers ages 10 and younger)

Cost - \$75.00

Monday through Thursday 5:15 – 6:00 PM @ Washington