

DAVENPORT METRO SWIM TEAM FALL FROLIC

OCTOBER 15 & 16, 2011

Age Group & Senior Open, 8 & Under Open

Sanction # IA-12-02 held under the sanction of USA Swimming

Rules Current USA Swimming and Iowa Swimming Inc. (ISI) technical and administrative rules will govern this meet.

Date Saturday, October 15 & Sunday, October 16, 2011

Time Morning sessions: Warm-ups begin 7:30 a.m.
Competition begins 8:30 a.m.

Afternoon sessions: Warm-ups begin immediately following the morning session, but not before 11:30 a.m.
Competition begins 60 minutes following morning session, but not before 12:30 p.m.

Coaches meeting 8:20 a.m. each morning when the pool clears after warm-ups.

Teams will be notified if warm-ups are to be split by Tuesday before the meet.

Site Davenport West High School, 3505 West Locust Street, Davenport, IA 52804

Enter at the Sports Entrance on the west side of West High School, not at the YMCA entrance on the east side of West High School.

The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

25 yard, 6 lane, indoor pool. Non-turbulent lane markers. Starting blocks are located in the 12-foot depth area of the pool. Pool depth is 10 feet at 1.5 meters from the edge at the starting block end of the pool and 3.5 feet deep at 1.5 meters from the edge on the opposite end of pool. Bottom lane lines and targets at both ends of pool, Backstroke flags located 15 feet from the end of the pool. Horn start, Colorado timing system with touch pads. Two back-up timers per lane and 3 on lead swimmer.

Coaches	Must possess and visibly wear a current USA Swimming Coaches registration card. Only USA Swimming coach members will be permitted on the deck in designated areas. All coaches must show current coach membership card and sign the ISI coaches meet Sign-In Sheet (APP-29) to verify that all certifications are current and on file.
Warm-ups	ISI warm-up procedure will be followed. See ISI Code book Section J. Athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet. The pool will be cleared 10 minutes prior to competition.
Racing Start Certification	Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to endure compliance with this requirement.
Entry Requirements	<ol style="list-style-type: none"> 1. All swimmers must be current USA Swimming registered athletes. 2. Swimmers must enter the age bracket corresponding to age as of October 15, 2011. 3. Swimmers may enter up to 4 individual events plus one relay per day. 4. Seed times must be submitted for a 25-yard course. 5. No Time (NT) seed times will be accepted.
Entry Limit	100 splashes/lane/session
Entry Fees	<ol style="list-style-type: none"> 1. Individual events \$3.00 per event. 2. Relays \$5.00 per relay. 3. ISI splash fee \$3.00 per swimmer. 4. Make checks payable to: Davenport Metro 5. No entry fees will be refunded. Splash fees will be refunded for inclement weather, only in the event the entire meet is cancelled. 6. Teams submitting hand entries will be charged \$2.00 per swimmer if there are more than 5 swimmers.
Entry Forms	Submit entries on entry form (APP-7) or by electronic file. Hy-Tek, Team Unify, or other MM software format readable by Meet Manager will be accepted. All entries must include a completed ISI financial sheet (attached). If you are submitting entries electronically, you must provide a text file or print out of entries for backup. Any team submitting entries electronically will receive the meet results electronically at the end of the meet. You may e-mail commlink file with entries and follow-up with hard copy, financial sheets and check within 48 hours.

Entry Deadline	<ol style="list-style-type: none"> 1. Entries will be accepted from teams in the Iowa LSC and outside LSC clubs entered in last year's DMET Fall Frolic beginning on September 20, 2011. 2. Entries will be accepted from teams outside of Iowa LSC beginning on September 27, 2011. 3. Hand written entries are due no later than Wednesday, October 5, 2011. 4. Electronic entries must be received by Noon on Monday, October 10, 2011, with hardcopy, financial sheet and fees due by Wednesday, October 12, 2011, or entries will be scratched. 5. Phone/fax entries or changes will NOT be accepted.
Late Entries	<p>Late entries will be accepted up to 1 hour before the start of each session. Late entries will be placed in open lanes only. No extra heat will be added. Late Entry fees are \$6 per individual event and \$10 per relay.</p>
Send entries to:	DMET, Paul Eure, 1921 Farnam Street, Davenport, Iowa 52803, phone (563) 326-4112, or email attachment to: eure@qconline.com
Meet Director	Paul Eure, 1921 Farnam Street, Davenport, Iowa 52803, phone (563) 326-4112; eure@qconline.com
Awards	<p>Individual events - Ribbons 1st through 6th place. Relay events – Ribbons 1st through 3rd place. Heat prizes will also be given to heat winners.</p>
Meet Committee	A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one certified official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.
Meet Operation	<ol style="list-style-type: none"> 1. Events will be pre-seeded. 2. There will be a clerk of course for the morning sessions only. 3. If names are on entry sheets for relays, those names will be on the relay card at the meet. Relay cards will be distributed prior to each session and order of swimmers must be verified on each card. 4. For 100 yard Relays, swimmers at the turn end (3.5 foot end) must begin in the pool. 5. Relays may be cancelled if 4-hour rule is a factor. 6. Swimmers are not required to check in. 7. It is not the meet host responsibility to provide rest for swimmers that enter both 8&U and 10&U events or Age Group and Senior events. 8. Events may be combined to facilitate meet operation and separated later.
Scratches	ISI Scratch Rule is in effect. See ISI Code Book Section J.

No Smoking No smoking shall be permitted within the meet building.

USA Swimming Registrations Late USA Swimming registrations at the meet will be \$60 annual or \$37.50 individual season (150 days) fee payable to ISI and \$5 late fee payable to DMET. Club and non-athlete registrations will NOT be accepted.

Adapted Competitive Swimmers USA Swimming and ISI encourages handicapped swimmers to participate in all sanctioned meets. The information form for disabled swimmers is available in the ISI code book APP-21 or on the ISI website (www.isiswim.org). Completion of this information is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. For more information, please contact the ISI office, email: admin@isiswim.org; phone (563) 391-5832 or toll free IA only 1-877-ISI-SWIM; or mail: 2715 Pioneer Court, Davenport, IA 52804-1099.

Other Program and final results will be on sale at the meet.

Each USA Swimming team entered will receive a copy of the program. Electronic results will be provided to all teams participating in the meet and posted on the ISI website. A hard copy of final results will be mailed for a fee of \$5.00 and may be requested on financial sheet.

Swim merchandise will be available for sale during the meet.

There will be a concession stand in operation.

DAVENPORT METRO SWIM TEAM FALL FROLIC
AGE GROUP & SENIOR OPEN, 8 & UNDER OPEN
25 yard course
Sanction Number IA-12-02

SATURDAY, OCTOBER 15, 2011

SESSION I

Warm-ups begin 7:30 a.m.
 Competition begins 8:30 a.m.

Girls #	EVENT		Boys #
1	10&Under	50 Free	2
3	8&Under	25 Free	4
5	10&Under	100 Fly	6
7	8&Under	50 Fly	8
9	10&Under	200 IM	10
11	8&Under	100 IM	12
13	10&Under	50 Breast	14
15	8&Under	25 Breast	16
17	10&Under	100 Back	18
19	8&Under	50 Back	20
21	10&Under	200 Medley Relay	22
23	8&Under	100 Medley Relay	24

SESSION II

Warm-ups begin immediately following the morning session, but not before 11:30 a.m.
 Competition begins 60 minutes following morning session, but not before 12:30 p.m.

Girls #	EVENT		Boys #
25	11 – 12	100 Back	26
27	13 – 14	200 Back	28
29	Senior	200 Back	30
31	11 – 12	100 Free	32
33	13 – 14	100 Free	34
35	Senior	100 Free	36
37	11 – 12	200 IM	38
39	13 – 14	200 IM	40
41	Senior	200 IM	42
43	11 – 12	50 Breast	44
45	13 – 14	100 Breast	46
47	Senior	100 Breast	48
49	11 – 12	100 Fly	50
51	13 – 14	200 Fly	52
53	Senior	200 Fly	54
55	11 – 12	200 Medley Relay	56
57	13 – 14	200 Medley Relay	58
59	Senior	200 Medley Relay	60

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SUNDAY, OCTOBER 16, 2011

SESSION III

Warm-ups begin 7:30 a.m.
Competition begins 8:30 a.m.

Girls #	EVENT		Boys #
61	10&Under	100 IM	62
63	8&Under	25 Fly	64
65	10&Under	50 Fly	66
67	8&Under	50 Breast	68
69	10&Under	100 Breast	70
71	8&Under	25 Back	72
73	10&Under	50 Back	74
75	8&Under	50 Free	76
77	10&Under	100 Free	78
79	8&Under	100 Free Relay	80
81	10&Under	200 Free Relay	82

SESSION IV

Warm-ups begin immediately following the morning session, but not before 11:30 a.m.
Competition begins 60 minutes following morning session, but not before 12:30 p.m.

Girls #	EVENT		Boys #
83	11 – 12	100 Breast	84
85	13 – 14	200 Breast	86
87	Senior	200 Breast	88
89	11 – 12	50 Free	90
91	13 – 14	50 Free	92
93	Senior	50 Free	94
95	11 – 12	50 Back	96
97	13 – 14	100 Back	98
99	Senior	100 Back	100
101	11 – 12	100 IM	102
103	13 – 14	200 Free	104
105	Senior	200 Free	106
107	11 – 12	50 Fly	108
109	13 – 14	100 Fly	110
111	Senior	100 Fly	112
113	11 – 12	200 Free Relay	114
115	13 – 14	200 Free Relay	116
117	Senior	200 Free Relay	118

FINANCIAL SHEET - TIMED FINALS

MEET NAME: DMET Fall Frolic, Sanction IA-12-02

DATE: October 15&16, 2011

TEAM NAME: _____ CODE: _____

COACHES ATTENDING MEET: _____

MEET CONTACT: _____

ADDRESS: _____
Street Address City Zip

PHONE: (____) ____-____ EMAIL: _____

ENTRY FEES	NUMBER	FEE	TOTALS \$
INDIVIDUAL ENTRIES		\$ 3.00	
RELAY ENTRIES		\$ 5.00	
SWIMMERS (Splash Fee)		\$ 3.00	
FINAL RESULTS*		\$ 5.00	
TOTAL FEES:			
MAKE CHECK PAYABLE TO : DMET			

* FINAL RESULTS - Final results will be provided in electronic format & available on the ISI website, unless hard copy is requested along with fees. (See meet invitation for fee)

Mail final results to: _____
