

***Cedar Rapids Aquatics Association and Lane 4 Aquatics vs. Iowa Flyers Swim Club  
Tri Meet***

- ISI SANCTION: IA-12-??
- RULES: Current USA Swimming and Iowa Swimming, Inc. (ISI) rules will govern this meet.
- DATES: Sunday, October 9th, 2011
- TIME: Morning  
Warm-ups: 8:10am  
Competition: 9:00am
- SITE: University of Iowa Aquatics Center  
Indoor 8-lane, 25yd competition course  
Water Depth: 8ft at both the start and turn ends of the pool.  
Colorado System 8 electronic timing system, touchpads, one button backup and two stopwatch backups. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.
- COACHES: Must possess and visibly wear a current USA Swimming Coaches Registration Card. Only USA Swimming coach members will be permitted on the deck in designated areas. All coaches must sign an ISI Coaches Meet Sign In sheet (APP-29) to verify that all certifications are current and on file with ISI office.
- WARM-UPS: ISI Warm-up procedure will be followed. See ISI Code Book Section J.
- ENTRY REQUIREMENTS:
- 1) All swimmers must be current registered athletes.
  - 2) Contestants must enter the age bracket corresponding to age as of October 9<sup>th</sup>, 2011
  - 3) Swimmers may swim 4 individual events.
  - 4) Seed times must be submitted for a 25-yd course.
  - 5) Phone entries or changes will be accepted.
- ENTRY LIMITS: There are no entry limits
- ENTRY FEES:
- 1) The fee for participation in the meet is \$5.00 per swimmer.
  - 2) No ISI Splash Fee will be collected for the meet.
  - 3) Write single check for entry fees payable to University of Iowa
  - 4) Fees are not refundable.
- ENTRY FORMS: ***IFLY swimmers:*** Enter by sending an email to [megan-oesting@uiowa.edu](mailto:megan-oesting@uiowa.edu)  
***CRAA and LA teams:*** Enter by sending a Hy-Tek electronic file via email to [megan-oesting@uiowa.edu](mailto:megan-oesting@uiowa.edu)
- ENTRY DEADLINE: Entries must be received no later than 7:00pm on Monday, October 3<sup>rd</sup>, 2011.

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- LATE ENTRIES** Late entries will be accepted until noon on Saturday, October 8. After that time, no more late entries will be accepted. Deck Entries will not be accepted.
- SEND ENTRIES TO:** Megan-Oesting@uiowa.edu
- MEET DIRECTOR:** TBA  
E230 CRWC  
309 E Madison Street  
Iowa City, IA, 52242  
319-335-5844
- SCORING:** There will be no scoring
- AWARDS:** Ribbons will be given for places 1<sup>st</sup> through 8th
- MEET OPERATION:**
- 1) Events will be pre-seeded
  - 2) There will not be a Clerk of Course
  - 3) Swimmer check-in is not required
  - 4) It is not the meet host's responsibility to provide rest for swimmers that enter both 8 & Under and 10&Under events
  - 5) Events may be combined to facilitate meet operation and separated later
- MEET COMMITTEE:** A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one (1) Certified Official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.
- SCRATCHES:** ISI Scratch Rule is in effect. See ISI Code Book Section J.
- NO SMOKING:** No smoking in the swimming venue.
- USA REGISTRATION:** No late USA Registrations will be accepted.
- ADAPTED COMPETITIVE SWIMMERS:** USA Swimming and ISI encourage adapted competitive swimmers to participate in all sanctioned meets. The "Adapted Competitive Swimmer Information Form" form APP-21 must accompany entries. The form is also available from the ISI office. Completion of this information form is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules and Regulations Article 105.
- OTHER INFORMATION:** A limited number of heat sheets will be available to spectators at no cost and posted throughout the facility.

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EVENT ORDER: CRAA and Lane 4 Aquatics vs. Iowa Flyers Swim Club Tri Meet  
Sanction #*(IA-11-XX)*  
Sunday, October 9th, 2011  
25 yard Course  
Warmups 8:10am  
Competition: 9:00am

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| Event 1:  | 8 & Under Girls 25 Free                |
| Event 2:  | 8 & Under Boys 25 Free                 |
| Event 3:  | 10 & Under Girls 50 Free               |
| Event 4:  | 10 & Under Boys 50 Free                |
| Event 5:  | 11 & Over Girls 50 Free                |
| Event 6:  | 11 & Over Boys 50 Free                 |
| Event 7:  | 8 & Under Girls 25 Butterfly           |
| Event 8:  | 8 & Under Boys 25 Butterfly            |
| Event 9:  | 10 & Under Girls 50 Butterfly          |
| Event 10: | 10 & Under Boys 50 Butterfly           |
| Event 11: | 11 & Over Girls 50 Butterfly           |
| Event 12: | 11 & Over Boys 50 Butterfly            |
| Event 13: | 8 & Under Girls 25 Backstroke          |
| Event 14: | 8 & Under Boys 25 Backstroke           |
| Event 15: | 10 & Under Girls 50 Backstroke         |
| Event 16: | 10 & Under Boys 50 Backstroke          |
| Event 17: | 11 & Over Girls 50 Backstroke          |
| Event 18: | 11 & Over Boys 50 Backstroke           |
| Event 19: | 8 & Under Girls 25 Breaststroke        |
| Event 20: | 8 & Under Boys 25 Breaststroke         |
| Event 21: | 10 & Under Girls 50 Breaststroke       |
| Event 22: | 10 & Under Boys 50 Breaststroke        |
| Event 23: | 11 & Over Girls 50 Breaststroke        |
| Event 24: | 11 & Over Boys 50 Breaststroke         |
| Event 25: | 10 & Under Girls 100 Individual Medley |
| Event 26: | 10 & Under Boys 100 Individual Medley  |
| Event 27: | 11 & Over Girls 100 Individual Medley  |
| Event 28: | 11 & Over Boys 100 Individual Medley   |