



**Iowa Swimming, Inc.
12 & Under Short Course Championships
2012**



February 17, 18 & 19, 2012

- Sanction:** IA-12-31 held under the Sanction of USA Swimming & Iowa Swimming
- Time Trials:** IA-12-32 held under the Sanction of USA Swimming & Iowa Swimming
- Rules:** Current USA Swimming and Iowa Swimming, Inc. rules will govern this meet
- Dates:** Friday, Saturday and Sunday, February 17, 18 & 19, 2011

Time:	<u>Coaches Meeting</u>	<u>Warm-ups</u>	<u>Meet Start</u>
Friday	3:45 p.m.	4:00 p.m.*	5:15 p.m.
Saturday AM	7:15 a.m.	7:30 a.m.*	8:45 a.m.
Saturday PM	3:45 p.m.	4:00 p.m.*	5:15 p.m.
Sunday AM	8:15 a.m.	8:30 a.m.*	9:45 a.m.

The pool will be cleared 10-minutes prior to start of the session

** It is expected that warm-ups will be split, teams will be notified by noon, Tuesday, February 14th, as to which warm-up session & lane assignment.*

Site: Community Y of Marshalltown
108 Washington Street
Marshalltown, IA 50158

Directions: Take route 30 from the East or West and get off at exit 185, the IA-14/Marshalltown exit. Turn left onto IA-14/Reed Ave. for 2.5 miles. Continue straight onto S. Center St. for 0.1 miles. Take right turn on Washington St. for 0.2 miles. Community Y will be on your left.

Facilities: The pool is an eight lane 25 yard indoor pool. Daktronics Timing System with touch pads and push button back-up system will be utilized. Two (2) manual watches will be used on each lane for back-up times and three (3) watches on the first place lane. Backstroke flags will be placed fifteen feet from each end of the course. The pool depth ranges from 12 feet at the starting blocks to 4 feet at the opposite end.

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Coaches: Must possess and visibly wear a current 2012 USA Swimming Coaches Registration Card. Only USA Swimming coach member will be permitted on the deck in designated areas. All coaches must show current coach membership card and sign ISI Coaches Meet Sign In sheet (APP-29) to verify that all certifications are current and on file with ISI office.

Warm-up: ISI Warm-up procedure will be followed. See ISI Code Book Section J. All swimmers must use a feet first, three point entry (three points of contact with the pool while entering) during warm-ups & at other times when entering pool. Failure to follow the specified entry method for warm-up may result in action by referee. Athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The meet directors or meet referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.

Racing Start Certification: Any swimmer entered in the meet must be certified by a USA Swimming member coach as proficient in performing a racing start or must start each race from within the water. When



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unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Entry Requirement:

- 1) All swimmers must be 2012 USA Swimming registered athletes in the Iowa LSC. "Applied for" registrations will not be accepted. There will not be athlete, non-athlete, transfers or club registrations taken at this meet. Swimmers whose names do not appear on the current ISI registration list and who cannot show proof of USA Swimming membership in the Iowa LSC will be barred from competition and not permitted on deck.
- 2) Contestants must enter the age bracket corresponding to age as of February 17, 2012.
- 3) Relay-only swimmers should appear in team entry files or on team entry sheets. If not, proof of USA Swimming registration in the Iowa LSC shall be done prior to competing and splash fee paid.

Seed Times:

Seed times must be entered in the proper course in which achieved (SCY, SCM, LCM). Converted times will not be accepted. Entry times conforming to the course length (SCY) shall be considered conforming times. All other times meeting the appropriate time standard shall be considered non-conforming times. If a swimmer wishes to use a seed time that is not in the USA Swimming SWIMS database, that swimmer will be entered into the respective event at the slowest non-conforming qualifying time.

Seed times will be matched to the USA Swimming SWIMS database. Any time not matching what is in SWIMS will be tagged and reviewed. If a seed time is not in SWIMS, proof will be requested. If proof of time is not provide or not from a USA Swimming sanctioned, approved, or observed meet, it will be downseeded to the lowest non-conforming entry time. Seed times which do not match SWIMS will be changed to the fastest time in SWIMS, except in instances current USA Swimming and ISI rules permit entering at a slower time

Swimmers must be prepared to document their seed times. Individual "NT" entries will be scratched. Only relays may enter this meet with a "no-time" entry.

Entry Limits:

- 1) Swimmers ages 9-10 or 11-12 may enter & swim a maximum of 9 individual events for the meet. Swimmers ages 8 & Under may enter a maximum of 6 individual events for the entire meet. Over entry is not permitted at this meet.
- 2) A swimmer may enter up to 4 individual events per session with a maximum of 5 individual events total per day. Relays do not count toward individual event total.
- 3) Clubs shall designate the relays A, B, C, etc. Each team may only score two of these relays in each event.
- 4) A club/team may enter as many relays per event using the following table:

<u>Number of current swimmers that a team has who have qualified for the state meet in an individual event for a specific age group:</u>	<u>Number of relays that a team is permitted to enter:</u>
1 – 4	1 Relay entry per event
5 – 8	2 Relay entries per event
9 – 12	3 Relay entries per event
13 – 16	4 Relay entries per event

Continues with one relay for each additional one to four swimmers qualified for each age group



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Entry Fees:	Individual event: \$5.25 per individual event
	Relays: \$10.50 per relay
	ISI Splash Fee \$3.00 per swimmer
	Facility Fee \$5.00 per swimmer

Write a single check for entry, facility fees, and splash fees payable to ACAC. An official ISI Financial sheet (APP 8.3) or HyTek Meet Entry Fee Report must accompany entries. Entry fees are not refundable. Splash fees will be refunded if the entire meet is cancelled.

The host club will assess a \$2 per athlete surcharge to teams entering over five (5) swimmers when hand entries are submitted. This is in addition to the above stated fees.

Entry Forms: Submit entries using USA Swimming OME (online meet entry) at www.usaswimming.org/ome.
OR
Submit electronic entries with Hy-Tek, Team Unify or other MM software format readable by Meet Manager. When submitting an electronic entry file, please provide a printout of the entries for backup and the ISI Financial Sheet (APP 8.3) or Team Manager Meet Entry Fee Report with entry fees.
OR
Entries may also be submitted by using ISI Forms (APP-7 Entry form) with swimmers full name, age, ID number, and entry time for each event. Please include financial sheet & fees with entries.

- Entry Deadline:**
- 1) The meet entry deadline for electronic entries will be 12:00 p.m. (noon), Monday, February 13, 2012. The entry chair will confirm e-mail entries have been received via e-mail. The entry fees & hardcopy are due by 12:00pm (noon), Wednesday, February 15, 2012. Any additions or changes after that date and time will be considered late entries.
 - 2) The meet entry deadline for hand written entries, financial sheet & fees is Wednesday, February 8, 2012. However, teams making these entry submissions may make deletions or additions to their original entry emailing or calling the entry chair by 12:00 p.m. (noon), Monday, February 13, 2012.
 - 3) Entry changes will not be accepted by phone except in the case of updating hand written entries (see #2).
 - 4) Express mail entries should be sent with No Signature Required.
 - 5) Fax entries and phone entries will not be accepted.



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- Late Entries:**
- 1) Late entries will be accepted by emailing the meet entry person until 12:00 PM (Noon) Thursday, February 16, or at the meet up to one hour before the start of each session.
 - 2) If the meet program has not been printed, the swimmer shall be seeded into the meet using the entry time provided.
 - 3) If the program has been printed, late entries shall be accepted, but those entries shall be seeded with the meet event LCM qualifying time, and shall swim in heat one of the event. A “Zero” heat will be added, if necessary.
 - 4) Late entry fees: Individual events - \$10.50; Relay events - \$21.00.
 - 5) Late entry for swimmers who have not previously been entered into the meet prior to the meet entry deadline of 12:00 PM (Noon) Monday, February 13, 2012, will be required to show their registration card or coach roster list from club portal prior to swimming at the meet.
 - 6) Qualifying times achieved at Regional Meets will not be late entries, if entered before meet deadline. Swimmers achieving a Q time at Regionals should refer to the Entry Deadline section.

Send Entries to:
 Barb Utesch
 3336 Bayberry Circle
 Ames, IA 50014
Phone: (515) 292-9461
Email: gbutesch@gmail.com

Meet Directors:	Melissa Sorenson 5050 North Dakota Ave. Ames, IA 50014 Phone: (515) 203-0964 Email: allansorenson@msn.com	Eliot Winer 3202 Harrison Rd. Ames, IA 50010 Phone: (515) 450-1077 Email: ewiner@gmail.com
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Meet Referee:
 Eliot Winer
 3202 Harrison Rd.
 Ames, IA
 50010
Phone: (515) 450-1077
Email: ewiner@gmail.com

Scoring:

Individual Events:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1

Relay Events:

Place:	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
Points:	40	34	32	30	28	26	24	22	18	14	12	10	8	6	4	2



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Awards:

Individual Events

1st – 8th: Medals

9th – 16th: Ribbons

Relay Events

1st – 3rd: Medals 4th – 8th Ribbons

High Point Award – Will be presented to the top 3 swimmers, male & female, in each age group.

Team Age Group Awards – Will be presented to the team champion in each age group girls & boys.

ISI Team Traveling Trophy will be presented to the team with the most points.

ISI Sportsmanship-Spirit Award – ISI will provide and present this award. A committee representing each team will select the winning team.

**Meet
Operations:**

- 1) Events will be pre-seeded, except for the 1000 and 1650 Freestyle, which will be deck seeded. For these Championships, the seeding order is:
 1. Short Course Yards (SCY)
 2. Short Course Meters (SCM)
 3. Long Course Meters (LCM)
- 2) There will not be a Clerk of Course used at this meet. Swimmers should report directly to the blocks. Heat sheets will be posted. Each team's coaching staff will also be supplied with two sets of heat sheets. Timers will have lane-timer sheets at each lane. It is the responsibility of each swimmer and relay to be aware of his/her event number, heat number and lane assignment and to report to the correct starting block on time to swim the event.
- 3) Relay names that are submitted electronically or are listed on a team's entry sheet will be printed on the relay cards.
- 4) All relay cards will be distributed when teams and coaches check into the meet. The four swimmers full name, age and order of swimming competing in relays must be verified on each card. Relays should report to the blocks with corrected cards when the event is called or the relay will be scratched from the event.
- 5) The 11-12 1000 Freestyle and 1650 Freestyle events require positive check-in.
 - For the 11-12 1000 Freestyle, swimmers must check-in by 5:30 p.m., Friday evening.
 - For the 11-12 1650 Freestyle, swimmers must check-in by 10:15 a.m., Sunday morning.

Once the deadline for check-in for these events has passed, heat sheets will be printed, posted and distributed to each team. Swimmers failing to check-in will not be allowed to swim.

- 6) The 1000 Freestyle and the 1650 Freestyle will be swum fastest to slowest, alternating girls and boys heats.
- 7) Breaks of up to five minutes will be allowed to give swimmers rest when "back-to-back" swims occur and the timeline shows less than ten minutes of rest occurs between swims.



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- 8) The facility has strict rules prohibiting the use of any of the in-water playground equipment in the warm-up area (recreational pool area). Using any of this equipment will result in disqualification from the meet.

**Meet
Committee:**

A meet committee comprised of the Meet Referee, Meet Director, Coach Representative, Athlete Representative and one certified official acting at large will be established to receive and act upon any administrative protest filed at the meet. The committee will not act upon judgment decisions as those are under the jurisdiction of the Meet Referee. This committee shall act as a review section in the need of an emergency meeting.

Scratches:

ISI Scratch Rule is in effect (ISI Code Book Section J). Events that are scratched before late entry deadline will not count against the total number of events in which a swimmer may compete. However, swimmers are not allowed to over enter the meet and must have scratched to enter additional events if they have already entered the meet maximum number of events. No Shows will count as an event.

Timers:

Clubs and unattached swimmers participating in this meet are required to provide 50% timers/officials on a prorated basis according to number of entries. Clubs will be emailed a list of timer/official assignments by noon, Tuesday, February 14, 2012. Timing assignments for clubs will be posted in the lobby and by the check-in table.

**USA
Swimming
Registrations:**

Athletes, Non-Athlete Members and clubs will NOT be able to register with USA Swimming at the meet. All registrations, athlete and non-athlete, MUST be completed through the ISI office no later than Wednesday, February 15th before the meet.

**Proof of
Time:**

If a swimmer fails to make the minimum qualifying time & not previously cleared by ISI for any event, they will have 30-minutes after the close of the session in which that event was swum to provide proof of time or be subject to a \$100/event fine payable to ACAC (10% host club, 90% ISI). Acceptable proof of time is a copy of final results, SWIMS athlete report or club portal report. If a swimmer has a time swum at a non-USA Swimming meet it may be used for proof of time only. The athletes will be responsible for proof of time, if needed.

Should the swimmer not prove or pay, they will be barred from further competition at this meet. Results that require proof of time will be considered an exhibition swim if not proven within 30-minutes after the close of a session. Exhibition swims are not eligible for awards or points.

If times are proven within two weeks following the meet, fine money will be refunded, but awards and scoring will not be revised.



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- Time Trials:**
- 1) Time permitting at the discretion of the Administrative Referee.
 - 2) Time Trials will be held at the end of each session in the following order:
Friday: Session I, Session II, Session III, Session IV Events
Saturday AM: Session II, Session III, Session IV, Session I Events
Saturday PM: Session III, Session IV, Session I, Session II Events
Sunday: Session IV, Session I, Session II, Session III Events
 - 3) There will no time trials in the 1000 free and 1650 free.
 - 4) Swimmers must have achieved an AA time or faster in their age group to enter a time trial. Time Trial swims will count as an event, limiting the events a swimmer may swim each day. However, the time trial will not count in the total number of events allowed for the meet. A swimmer can only time trial an event once a day. Time trials count toward individual events session & daily limit, but not meet total.
 - 5) A swimmer must sign-up and pay at the Clerk of Course table prior to the start of the relays at the end of the session. Fee is \$5.00 per time trial, payable to ACAC.

Adapted Competitive Swimmers: USA Swimming and ISI encourage adapted competitive swimmers to participate in all sanctioned meets. The “Adapted Competitive Swimmer Information Form” form APP-21 must accompany entries. The form is available on the ISI website: www.isiswim.org or by contacting the ISI office by email: admin@isiswim.org; phone: 563-391-5832 or IA toll free 1-877-ISI-SWIM or mail: 2715 Pioneer Ct., Davenport, IA 52804-1099. Completion of this information form is part of the entry procedure since the host club and meet referee must have all necessary information concerning the swimmer. Refer also to USA Swimming Rules and Regulations Article 105.

Programs and Final Results: Programs & results will be sold at the meet.
Two programs will be provided for the coach of each club having swimmers entered in the meet.
Final results will not be mailed to participating teams unless the team requests final results at the time of entry on financial sheet APP-8.3 for \$5.00. There will be a \$10 charge for hard copy final results request not made on the financial sheet prior to the meet. All teams will receive an email containing an attached com-link file of final results.

Seating: Indoor seating on bleachers on both sides of the pool will be available. The facility can seat over 1000 people comfortably. There will not be a designated crash area available. Swimmers can leave their things in the warm-up area (recreational pool) or in marked off sections of the bleachers.

No Smoking: Smoking is not permitted anywhere in the pool or surrounding areas where swimmers are present.

Concessions: A well-stocked concession stand will be available during all sessions of the meet.

Parking: Parking in designated areas only.

Vendor: Splash Multisport will be on site and will have a variety of swimwear and accessories available for sale.



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25-yard course Sanction #:

Marshalltown, IA

Session I – Friday, February 17, 2012

Coaches Meeting: 3:45 p.m.

Warm-ups: 4:00 p.m.

Competition: 5:15 p.m.

Girl's		Events / Descriptions	Boy's	
Q Times SCY / SCM / LCM	Event Number		Event Number	Q Times SCY / SCM / LCM
2:44.19 / 3:01.39 / 3:07.29	1	11-12 200 IM	2	2:44.19 / 3:04.99 / 3:07.89
3:19.39 / 3:40.29 / 3:46.49	3	9-10 200 IM	4	3:18.09 / 3:38.89 / 3:44.79
33.79 / 37.29 / 37.89	5	11-12 50 Fly	6	34.09 / 37.59 / 38.29
5 Minute Break				
34.59 / 38.29 / 40.69	7	11-12 50 Back	8	35.39 / 39.09 / 40.89
7:39.49 / 5:40.09 / 5:49.79	9	9-10 500 Free	10	7:35.19 / 6:38.39 / 6:52.69
13:31.99 / 11:50.09 / 12:11.99	11*	11-12 1000 Free	12*	13:22.69 / 11:42.49 / 12:06.69

*Positive check-in is required for the 11-12 1000 Freestyle by 5:30 PM. All heats will be swum alternating girls/boys, fastest to slowest.

Awards Presentation for all Friday events following the conclusion of the 1000 Freestyle



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Session II – Saturday, February 18, 2012

Coaches Meeting: 7:15 a.m.

Warm-ups: 7:30 a.m.

Competition: 8:45 a.m.

Girl's			Boy's	
Q Times SCY / SCM / LCM	Event Number	Events / Descriptions	Event Number	Q Times SCY / SCM / LCM
	13	11-12 200 Medley Relay	14	
	15	10 & Under 200 Medley Relay	16	
	17	8 & Under 200 Medley Relay	18	
39.79 / 43.99 / 44.39	19	11-12 50 Breast	20	39.49 / 43.69 / 45.59
5 Minute Break				
1:05.69 / 1:12.59 / 1:16.09	21	11-12 100 Free	22	1:05.29 / 1:12.09 / 1:15.19
1:19.09 / 1:27.49 / 1:30.79	23	9-10 100 Free	24	1:19.99 / 1:28.29 / 1:31.09
43.29 / 47.79 / 48.89	25	8 & Under 50 Free	26	42.29 / 46.79 / 48.09
1:17.49 / 1:25.69 / 1:27.79	27	11-12 100 Fly	28	1:15.99 / 1:23.99 / 1:26.39
1:42.09 / 1:52.79 / 1:55.19	29	9-10 100 Fly	30	1:40.39 / 1:50.89 / 1:53.19
50.19 / 56.69 / 56.69	31	8 & Under 50 Fly	32	49.99 / 55.89 / 55.89
2:48.89 / 3:06.69 / 3:15.29	33	11-12 200 Back	34	2:45.59 / 3:02.99 / 3:11.09
41.19 / 45.59 / 48.09	35	9-10 50 Back	36	43.69 / 48.29 / 50.09
5:53.69 / 6:30.79 / 6:43.99	37	11-12 400 IM	38	5:46.09 / 6:22.39 / 6:39.99

Awards Presentation for all Saturday morning events following the conclusion of the 11-12 400 IM Freestyle

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25-yard course Sanction #:

Marshalltown, IA

Session III – Saturday, February 18, 2012

Coaches Meeting: 3:45 p.m.

Warm-ups: 4:00 p.m.

Competition: 5:15 p.m.

Girl's			Boy's	
Q Times SCY / SCM / LCM	Event Number	Events / Descriptions	Event Number	Q Times SCY / SCM / LCM
6:28.59 / 5:40.09 / 5:49.79	39	11-12 500 Free	40	6:23.69 / 5:35.89 / 5:44.29
1:36.59 / 1:46.79 / 1:50.49	41	8 & Under 100 Free	42	1:34.39 / 1:44.29 / 1:47.59
1:26.69 / 1:35.79 / 1:37.89	43	11-12 100 Breast	44	1:25.09 / 1:33.99 / 1:37.69
46.99 / 51.99 / 54.89	45	9-10 50 Breast	46	47.89 / 52.99 / 55.09
52.29 / 59.79 / 59.79	47	8 & Under 50 Back	48	52.49 / 59.29 / 59.29
1:17.29 / 1:25.39 / 1:27.99	49	11-12 100 Back	50	1:16.49 / 1:24.59 / 1:28.39
1:30.89 / 1:40.39 / 1:43.49	51	9-10 100 Back	52	1:32.09 / 1:41.69 / 1:45.69
2:25.69 / 2:40.99 / 2:44.29	53	11-12 200 Free	54	2:23.39 / 2:38.39 / 2:43.09
2:57.69 / 3:16.39 / 3:20.69	55	9-10 200 Free	56	2:50.89 / 3:08.89 / 3:13.99
	57	11-12 400 Free Relay	58	

Awards Presentations for all Saturday evening events following the conclusion of the 11-12 400 Freestyle Relay



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Session IV – Sunday, February 19, 2012

Coaches Meeting: 8:15 a.m.

Warm-ups: 8:30 a.m.

Competition: 9:45 a.m.

Girl's		Events / Descriptions	Event Number	Boy's	
Q Times SCY / SCM / LCM	Event Number			Q Times SCY / SCM / LCM	
	59	11-12 200 Free Relay	60		
	61	10 & Under 200 Free Relay	62		
	63	8 & Under 200 Free Relay	64		
1:16.99 / 1:28.49 / NA	65	11-12 100 IM	66	1:15.39 / 1:23.29 / NA	
1:29.09 / 1:38.39 / NA	67	9-10 100 IM	68	1:31.19 / 1:40.69 / NA	
1:43.19 / 1:53.99 / NA	69	8 & Under 100 IM	70	1:42.29 / 1:52.99 / NA	
30.09 / 33.39 / 34.39	71	11-12 50 Free	72	29.79 / 32.99 / 34.39	
35.09 / 38.79 / 40.49	73	9-10 50 Free	74	35.19 / 38.89 / 40.19	
3:11.69 / 3:31.79 / 3:40.59	75	11-12 200 Breast	76	3:07.29 / 3:26.89 / 3:37.49	
1:43.99 / 1:54.99 / 1:57.99	77	9-10 100 Breast	78	1:43.69 / 1:54.59 / 1:59.79	
57.69 / 1:05.99 / 1:05.99	79	8 & Under 50 Breast	80	55.49 / 1:03.69 / 1:03.69	
2:51.79 / 3:09.79 / 3:14.19	81	11-12 200 Fly	82	2:48.29 / 3:05.89 / 3:13.39	
42.99 / 47.49 / 48.59	83	9-10 50 Fly	84	41.99 / 46.39 / 46.89	
	85	11-12 400 Medley Relay	86		
5 Minute Break					
22:47.39 / 22:39.39 / 23:30.59	87*	11-12 1650 Free	88*	22:30.49 / 22:38.89 / 23:38.09	

* Positive check-in is required for the 11-12 1650 Freestyle by 10:15 PM. All Heats will be swum alternating girls/boys, fastest to slowest.

Awards Presentation for all Sunday events, High Point awards and Team Awards following the conclusion of the 11-12 1650 Freestyle